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# East King County Services

## Jewish Family Service



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# Multi-Service Agency

- Supportive Living Services
- Domestic Violence Services
- Food Bank and Community Stabilization Services
- Refugee and Immigrant Services
- Older Adult Services



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# Key East King County Services for Older Adults in English & Russian

- Information & Assistance (Russian language)
- Care Coordination (English & Russian language)
- Specialized services for Russian speakers (all of King County)
- Family Caregiver Support services (primarily English)



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# Older Adult Services – English Language



## Services to King County General Population

- Family Caregiver Support
- East King County Care Management



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# Care Coordination

## Ronald's Story

### *Stabilizing Housing & Health*

- Missed appointments caused delays
- Multiple COPES reapplications needed
- Strong in-depth support led to housing, meals, and medical stabilization



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# Care Coordination Services

Comprehensive Assessment  
to identify needs and priorities

Navigation support for  
medical, housing, and other  
public benefits

Enrollment in essential  
services such as:

- Food assistance
- Transportation
- Home repairs

Connection to social and  
mental health supports  
including short-term access  
to a psychiatric ARNP

In-home care coordination  
(e.g., COPES enrollment)

Care planning support:  
Power of Attorney and  
Advance Directive documents



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# Care Coordination Eligibility Criteria

Clients must be:

- Age 60+ or 18+ with a disability

And must meet one of these:

- Live in **East King County** (any background, any income)
- Be a **Russian speaker** (anywhere in King County)
- Be a **low-income Jewish individual** (includes specialized services for Holocaust Survivors)

Additional requirements:

- Have two or more unmet needs
- Not enrolled in Medicaid Long Term Care (COPES, CFC, MPC)
- Live in the community (not in AFH, ALF, or SNF)



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# Family Caregiver Support

- Assessment (TCARE)
- Connect to respite and housekeeping and errand services
- Classes and support groups
  - Powerful Tools for Caregivers Classes
- Connect to Caregiver counseling
- Financial Assistance for caregiver-related items and services like grab bars, other medical equipment or therapeutic massage.



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# Russian Language Socialization Program

- Weekly Zoom Social Gatherings
- Outings and Events
- Holiday gatherings
- Weekly Day Program at Northshore Senior Center (Bothell) and Lake City Seniors including:
  - ESL
  - Exercise and dance
  - Music
  - Art
  - Lectures



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# Questions?

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