***Training Descriptions and Dates***

***Person Centered Thinking -*** This training is an introduction to person centered concepts and thinking.  This is an interactive training where participants will learn about the core concept of person-centered thinking and how that concept can be used in their day to day work. **\*This training is an update to previous Introduction to Person Centered Thinking.** While this training may be taken by those who have attended previous sessions, priority will be given to new registrants *4.5 hours\**

* **Tuesday March 5th 10:00-3:00\***
* **Tuesday June 25th 11:30-4:00**
* **Thursday August 29th 9:00-1:30**
* **Tuesday December 3rd 10:30-3:30\***

\**longer sessions to allow for lunch break*

***Active Listening -*** This training provides tips and tools for staff to use active/reflective listening in their day-to-day work and how it use can enhance their experiences working with consumers.  \*Training requires registrants to have completed Person Centered Thinking training (this can be either virtual or in person 2-day) *2 hours*

* **Wednesday April 17th 9:00-11:00**
* **Tuesday October 1st 1:00-3:00**

***Dementia Capable -*** This training provides information and support for ADRC staff to recognize and support callers and family members needing resources and information around memory loss and dementia.  \*This training is in place of previous Dementia Capable Options Counseling and includes an online component before live virtual training so registration will close 1 week prior to training date.  \*\*Training requires registrants to have completed Person Centered Thinking training (this can be either virtual or in person 2-day) *2.5 hours*

* **Wednesday May 15th 9:00-11:30**
* **Wednesday October 30th 1:00-3:30**

***Additional Training Details***

To register for training, send participant name, e-mail address, agency (if not AAA) to Lexie Bartunek. [lexie.bartunek@dshs.wa.gov](mailto:lexie.bartunek@dshs.wa.gov).

* Trainings are limited to 15 participants.
* Trainings are open to all ADRC/AAA staff. *This included Title XIX Case Managers and contracted agency staff.*
* Registration is first come, first served until filled. However, to keep registration fair and participants varied, we may limit number of participants from one AAA per training.
  + Dementia Capable registration will close 1 week prior to live session due to required online component. \*this will be via Inform USA (AIRS) Learn
* Participants must attend entire training. If unable to attend full training, please register for an alternate date.
* No Shows
  + First time, staff will be added to next available class.
  + Second time will have to request to re-register.
* Trainings will be via Microsoft TEAMS.
  + Link/calendar invites will be sent out to participants with confirmation e-mail.
* Dementia Capable and Active Listening training require previous participation in Person Centered Thinking. This can be either virtual training or previous in person 1- or 2-day series
* All training are open to repeat participants however priority will be given to new participants

Any questions or requests for additional training topics, reach out to Lexie or Aime.