



Dementia Care Consultation

Talk with a dementia expert to learn about resources and support in your community and develop a plan to help you move forward.

OPTIONS TO CONNECT

24/7 HELPLINE: 800-272-3900

Available around-the-clock, 365 days a year in over 200 languages.

FAMILY CAREGIVER SUPPORT PROGRAM

(local support in English & Spanish)

Funded through the City of Seattle and Snohomish County Long-term Care & Aging, this program is available for unpaid family caregivers residing in King or Snohomish counties who care for someone living in an independent setting and who is not receiving support through Medicaid for Long-term Care. For more information about this program and eligibility, contact Erica Farrell:

tel: 206-529-3885 or 206-363-5500

email: helplinewa@alz.org

Or [CLICK HERE](#) to get started

MEMORY NAVIGATOR PROGRAM

When: Thursdays

Time: 10:30 am, 12:00 pm, 1:00 pm

Where: In-person at The Memory Hub:
1021 Columbia St., Seattle 98104

To learn more and book your FREE appointment:

[CLICK HERE](#) or go online:

<https://thememoryhub.org/>

To learn more about the Family Caregiver Support Program available in all Washington counties, contact your local Area Agency on Aging.

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