



ACRS



ASIAN COUNSELING and REFERRAL SERVICE



ACRS 50
ANNIVERSARY

Hope and Opportunity in over 40 Languages



Programs & Services

- Behavioral Health and Wellness
- Successful and Sustainable Recovery
- Services for Healthy Aging and Long-Term Support
- ACRS Food Bank and Community Farm
- Citizenship and Immigration Assistance
- Career Help for Job Seekers
- Youth Leadership Development
- Civic Engagement
- Legal Clinic



Aging, Long-Term Support & Nutrition Programs

- Case Management for In-Home Care
 - 3,891 clients
- Health Home and Care Transitions
 - 323 clients
- Club Bamboo Senior Center
 - 314 clients
- Community Living Connections
 - 1,431 clients
- Senior Congregate Meals
 - 1,200 clients across 8 partner sites
- ACRS Food Bank
 - 3,800 clients over 60 years old



Innovations in Serving Seniors

At the height of the pandemic, **ACRS and King County METRO** were delivering **over 2,100 bags of food supplies and 2,200 meals each week** to individuals, most of whom were seniors, throughout King County.



Innovations in Serving Seniors

Delivery bags included:

- Exercise Instructions
- Covid Testing and Vaccine
- Personal Safety
- Recipes of nutritious meals
- Nutrition Education
- Census and Voter Information
- Public Health Notices
- Masks, soap, hand sanitizers
- “Well Wish” Cards
- Produce from Farm



Innovations in Serving Seniors

In Spring 2021, ACRS Club Bamboo Senior Center launches “**Cloud Bamboo**” to offer **Remote EnhanceFitness with support from Sound Generations and UW Health Promotion Research Center**. Other virtual offerings include meditation, yoga and social time with peers.



Collaborations With Community Partners

- ❖ **International Community Health Services (ICHS), Neighborhood House, Pliable Health and Genoa Healthcare**
 - ACRS serves as a vaccination site for the community
- ❖ **Seattle Chinatown International District Preservation and Development Authority (SCIDPDA) and Interim Community Development Association (InterimCDA)**
 - Distribution of food supplies and meals to residents of 18 buildings in the Seattle Chinatown International District
- ❖ **United Way of King County, Door Dash and The National Guard**
 - Support in preparing and delivering food supplies and meals
- ❖ **Hub for Asian American Pacific Islander Seniors (HAAPI Seniors)**
 - Chinese Information and Service Center (CISC), South Park Senior Center and IDIC Filipino Senior & Family Services (IDIC)



Supportive Resources

- Thousands of volunteer hours by the community
- Contributions and grants from individuals, private foundations and government agencies



The “BAYANIHAN” Spirit



ACRS



WE ARE
STRONGER
TOGETHER

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