

# Providence ElderPlace -PACE

Programs of **All-inclusive Care for the Elderly**



<https://onlok.org/about/history>



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## It all began in San Francisco in 1971...

1971

On Lok began in 1971 with an idea: Traditional models of care in San Francisco were not meeting the needs of the elderly. Seniors wanted to age at home, but they needed services to maintain their independence. Dr. William L. Gee and social worker Marie-Louise Ansak joined forces to create a program that would enable older adults to continue living in their community. Propelled by their drive and vision, On Lok founded the Program of All-Inclusive Care for the Elderly (PACE).

1987

With multi-year funding from the Robert Wood Johnson and John A. Hartford foundations, On Lok launches the national replication project known as the Program of All-Inclusive Care for the Elderly (PACE). On Lok selects six organizations to test replication of the model.

1990

The first four new PACE organizations in four different states receive Medicare and Medicaid waivers to operate the On Lok model. On Lok's dream of bringing PACE to seniors in different communities is a reality.

<https://onlok.org/about/history>

Also in 1990, Sister Karin established Providence ElderPlace Portland as one of the first 10 demonstration PACE programs nationwide.



Providence Archives - 1990 - WASHINGTON



In 1995, Chuck Hawley brought ElderPlace PACE to Washington State



1994 With the support of On Lok, the National PACE Association (NPA) was formed. 11 PACE organizations were operational in nine states at this point.

The Balanced Budget Act of 1997 establishes the PACE model as a permanently recognized provider type under both the Medicare and Medicaid programs.

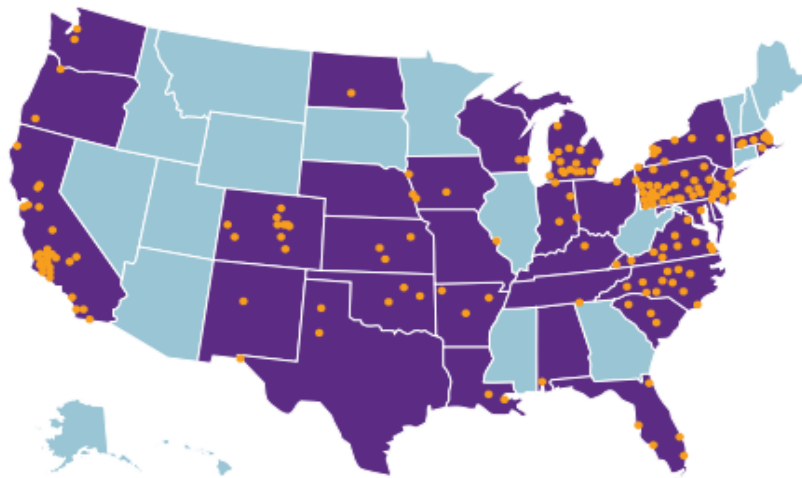
<https://www.npaonline.org/policy-advocacy/value-pace>



# PACE by the NUMBERS

*Programs of All-Inclusive Care for the Elderly*

## PACE IS GROWING



32 states have PACE programs

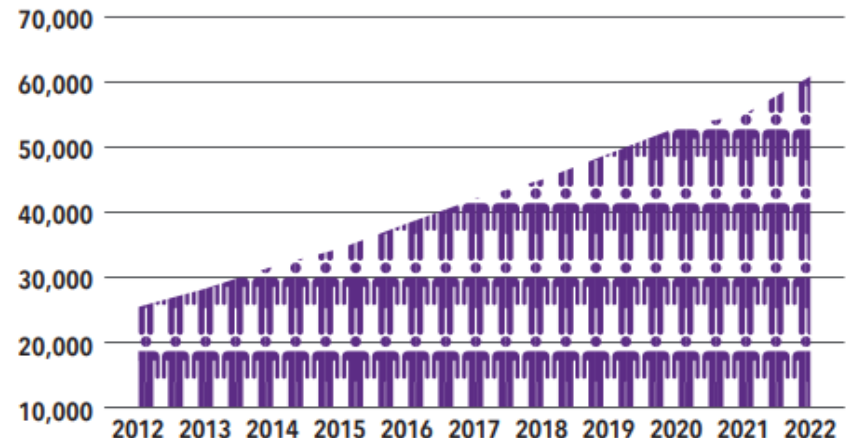
**149** Sponsoring Organizations

**306** PACE Centers  
as of December 2022

## PACE ENROLLMENT ELIGIBILITY

- Age 55 and over
- Live in the PACE service area
- Certified to need nursing home care
- Able to live safely in the community with PACE support at time of enrollment

## PACE ENROLLMENT OVER 60,000

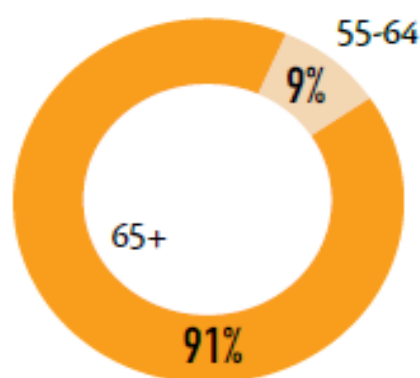


# PACE SERVES OUR SENIORS

# 95% Live in the community

# 77

Average age



66% WOMEN  
MEN 34%

## NEED HELP WITH ACTIVITIES OF DAILY LIVING



Dressing



Bathing



Transferring



Toileting



Eating



Walking

1-2: 26%

3-4: 24%

5-6: 33%

Average number of ADLs with which participants need assistance



# PACE in Washington

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## **Providence ElderPlace serves Seniors from King, Snohomish & Spokane Counties**

- Currently serving 1 220 participants
- 98% are Medicaid, low- income eligible
- Pace began operations in 1995
- 7 Health & Social Centers



# Where is PACE Located in our Community?



**National Program Funded by  
Medicare & Medicaid**

## 7 Providence ElderPlace sites in Washington

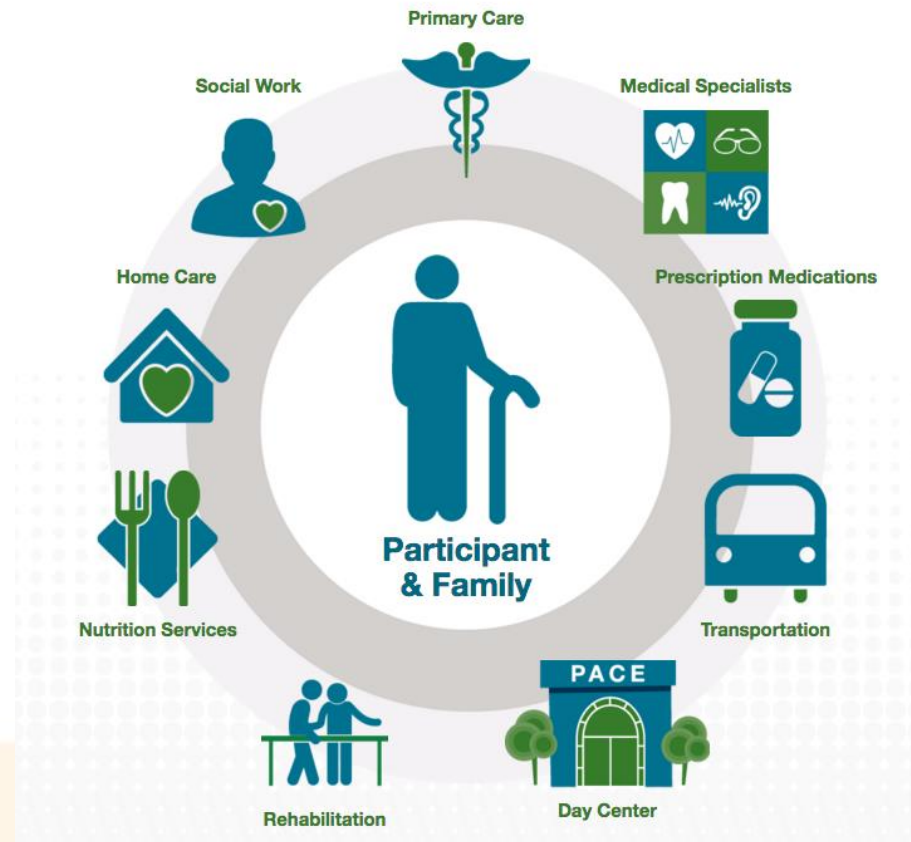
- Kent – North, 7829 S 180th St
- Kent – South (Alder), 1404 Central Ave S
- Redmond, 8632 160th Ave NE
- Seattle (MLK), 4515 Martin Luther King Jr Way S
- Spokane, 6018 N Astor St
- West Seattle, 4831 35th Ave SW
- Everett (April 2022) 1615 75<sup>th</sup> St. SW



**Operational for Over 28 years**



# The PACE Care Model





## PACE SERVICES: Team-Based Care

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An interdisciplinary team (IDT) of professionals works with older adults and caregivers. We focus on coordinating care, prevention, and independence.

- ✓ Physician
- ✓ Nursing
- ✓ Social Worker
- ✓ Registered Dietician
- ✓ Physical Therapist
- ✓ Occupational Therapist
- ✓ Recreation Therapist
- ✓ Speech Therapist
- ✓ Pharmacist
- ✓ Transportation Coordinator
- ✓ Certified Nurse Aids
- ✓ Center Manager
- ✓ Chaplain



## Benefits to Resident Service Coordinators who refer residents to PACE

- PACE can help eliminate frequent trips to the ER with stabilization of overall health of the resident.
- Once health of resident is stabilized, less turnover of rental units as resident is able to manage their health concerns & issues with continued PACE support. Residents will be able to live in current apartment complex longer-before needing higher level of care.
- Instead of monitoring and managing health concerns of building residents, RSC's can perform their job duties –again not needing to be as deeply involved in health issues of building residents.

## **Benefits to Case Managers who refer patients to PACE:**

- ✓ Ease for Case managers by providing additional assistance with Case Mgmt., Discharge Planning & placement for PACE participants.
- ✓ PACE Case Mgmt. can eliminate long, extended hospital stays for complex patients. Thus, lowering the hospital's avg LOS
- ✓ More resources for placement – we are already contracted with over 600 AFH's & ALF's in King, Snohomish & Spokane counties ( including Memory Care Facilities.)
- ✓ Full support of PACE IDT members –who also contribute to creating full access to wrap around services.



## Providence ElderPlace - PACE

- Primary & Specialty Medical Care
- Health & Social Center Visits
- Dental, Vision, Hearing Services
- Medications
- Transportation
- In-home Care/ Long-term Care
- Durable Medical Equipment & Supplies
- Skilled Nursing Facility Care

# Breakdown of PACE expenditures

## **Costs covered under Medicare Parts A & B:**

- **Skilled Nursing Facilities (subacute)**
- **Radiology**
- **Oxygen**
- **Emergency Room Visit**
- **Ambulance**
- **Hospital Care**
- **Lab**
- **Medical Specialists**

## **Covered under Medicaid:**

- **Mental Health Services**
- **Residential nursing home**
- **In home Personal Care**
- **Hearings Aids – Audiology**
- **Equipment – DME**
- **AFH's & ALF's**
- **Dental Care & Transportation**

## **Costs Covered under Medicare: Part D**

- **Supplies**
- **Medications**



# About Our Participants

Average Age  
79

Mental Health  
Diagnosis **69%**



Dementia  
Diagnosis **72%**

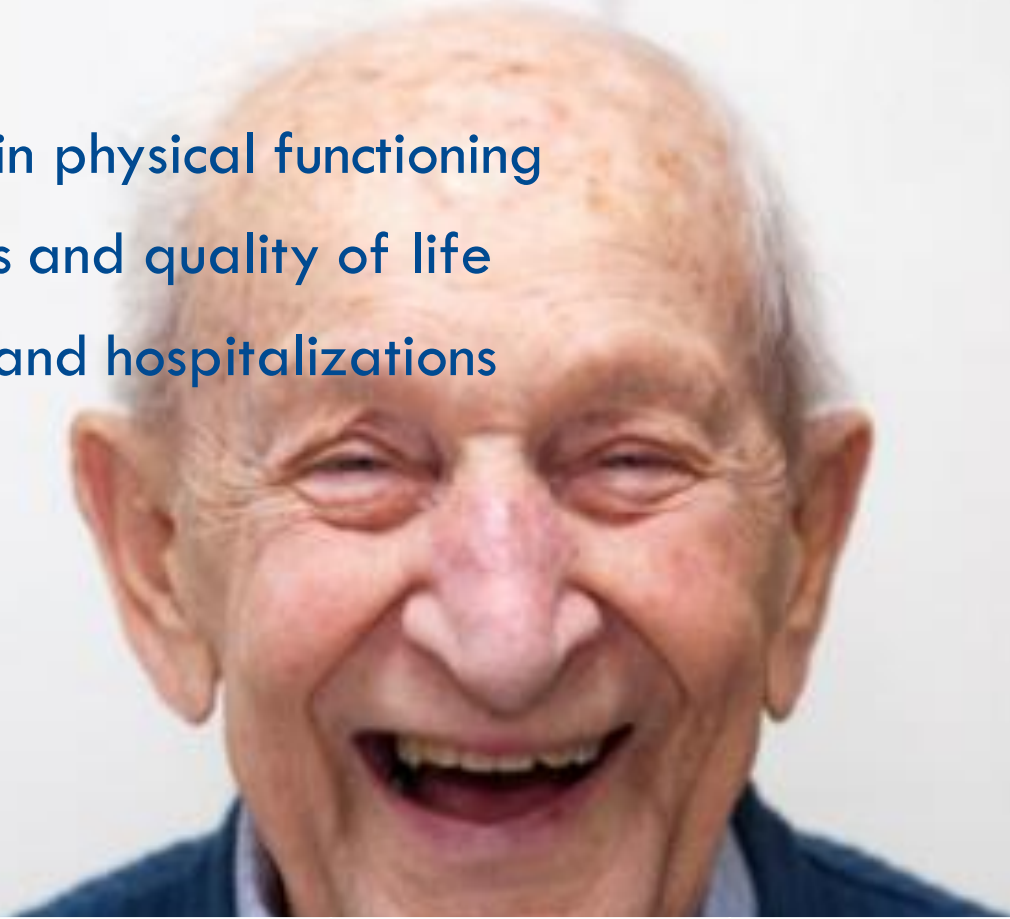
Average length of  
time with ElderPlace  
**3.9 yrs**

# Integrated Mental Health Services

- On-staff geriatric psychiatrist
- Tele-psychiatrist
- Master's prepared social workers
- Individual counseling
- Substance use disorder treatment
- Therapeutic groups
- NEW-Virtual appointments are provided through the use of "Grand Pads" for all enrollees into PACE. It comes with Wi-Fi so participants can communicate with their IDT

Evidenced based program with over 30 years of data shows:

- Less deterioration in physical functioning
- Better health status and quality of life
- Lower rates of ER and hospitalizations



|                                     | Dual Eligible Nationally | PACE Nationally | PEP   |
|-------------------------------------|--------------------------|-----------------|-------|
| 30-day All Cause Re-admission Rates | 22.9%                    | 19.1%           | 15.7% |

# Palliative Care At Providence ElderPlace



**Personalized Care Plans** through every phase of life



Continuous Care from **YOUR Interdisciplinary Team**



**Advanced Care Planning** as an Ongoing Process



Whole-person Care: Physical, Emotional, Psychological and Spiritual support



**Costs are Managed**, no Financial Burden for loved ones.

# Palliative and End-of-life Care at ElderPlace

## Palliative Care

**PALLIATIVE CARE** is an extra layer of support for participants living with serious or chronic illness

Focus on relieving stress and symptoms from serious illness and **QUALITY OF LIFE**

Ongoing conversations with the ElderPlace care team about **WHAT MATTERS MOST**

## End-of-life (Comfort) Care

**COMFORT CARE** for Participants in their last months of life

**Interdisciplinary approach to end-of-life care with YOUR OWN TEAM**

**Equipment, medications, education for end-of-life, and SUPPORT 24/7**



# Promoting and improving access to COVID-19 Vaccines

- All PACE WA sites are approved COVID-19 Vaccine Program Providers through Washington Department of Health and have vaccine available onsite for participants
- Additionally, our PACE WA nurses coordinate to offer COVID-19 vaccine clinics at our contracted facilities

As of January 1, 2023:

91% of PACE WA participants are vaccinated for COVID-19

67% of PACE WA participants have already received the newest COVID-19 booster

# COVID-19: Our Commitment to Serve Safely

The Providence ElderPlace Covid-19 taskforce quickly developed protocols and measures to provide care safely to our current and future participants.

- Providing an adequate supply of PPE & donning/doffing training.
- Offering In-home care & Tele-health.
- Simplifying the enrollment process.
- Collaborating with our contracted providers.
- Offering Recreation Therapy activities via Zoom.



# Transportation Services

- Internal department
- Key members of IDT
- Over 25 drivers
- Over 25 buses in our fleet
- 400+ trips each day
- Dialysis appointments weekdays/ weekends



# In our own words:

Our objective is to transform the lives of those we serve and to provide comprehensive and coordinated care for our participants. We want to bring them relationship, to help them age in place, and when needed provide support through end-of-life.

# A Providence ElderPlace Success Story

*By Jeremy Edmonds*

The first time I spoke with Patrick, I had no idea of the impact we would make on each other's lives. Referred by a fellow member of his church, Patrick was living in a SHAG building in north Seattle, struggling to support himself. Working 3<sup>rd</sup> shift at a Home Depot warehouse to make ends meet, his inability to focus on his health was taking a toll both physically and emotionally. During my first call with him I gathered the routine stats – 71 yrs. old, heart problems, uncontrolled diabetes, debilitating pain in his hip. When he came in for a tour, I was able to sense acute sadness and despondence. Thankfully, in the midst of all that was going on in his life, Patrick decided to give ElderPlace a chance and was open to the changes our program would bring.

After getting him enrolled and settled in a beautiful apartment at Heritage House at the Market, Patrick thrived. During our first lunch "date" in the Market Café, I laid my eyes on a completely different man. Smiling, friendly, speaking to EVERYONE he encountered, and clearly in better health physically, it warmed my heart to see that he had blossomed.

After lunch he walked me to my car and said, "I would be dead if it wasn't for you and the folks at ElderPlace – my blood sugar was so high when I got here; and now that I am well-cared for, it is are under control. I feel so much better that even my sense of humor has come back!" He went on to say (as we passed a street grate pumping out steam), "You know, when I was homeless, these steam grates would have been a place I would look for to sleep on. I was facing eviction when I sign up with ElderPlace, and would have been homeless and sleeping on the street again; I'm not sure I could've survived that.". Thinking about the possibility of Patrick, homeless at his age and with his health conditions, I realized that he was most likely right. Driving away I teared up thinking about how things might have turned out for him if his friend hadn't told him about us.

Since enrolling, Patrick has faced numerous health challenges, but he has so much fight and determination. I am proud to know that we have fulfilled our promises to him - we know him, we care for him, and we have certainly eased his way. I share this to remind you all of how together we make such a profound difference in our participant's lives.



## **Referring clients to Providence ElderPlace PACE:**

[www.providence.org/Elderplace](http://www.providence.org/Elderplace)

or

Call 206-320-5325 and ask for intake.

Include your name / email / phone number/ zip code of client.

# Questions?