



Our Community Impact

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Programs Director



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**1 billion people
worldwide live
with some form of
a disability**

Source: World Health Organization



Nearly everyone
is likely to
experience a
disability at some
point in life.

2

Source: World Health Organization



3

**1 in 5 people in
our region has a
disability**

Source: CDC

Why we exist

Progress for disabled people... but not enough:

- Before 1960s, institutionalism of people with disabilities was widespread
- Disabled people had little autonomy or choice
- People with disabilities continue to face discrimination, obstacles to employment, prejudice and other unfair challenges



Formerly:



Now:



disability
empowerment
center

Who we empower

Everyone is welcome:

- We serve throughout King County
- People ages 14 and up and from all backgrounds
- Physical, intellectual, sensory, neurological and other disabilities
- Adults, teens/young adults, and seniors



Our approach

We have a unique model:

- Our staff and volunteers have disabilities, too
- We work peer-to-peer
- People we serve make all their own choices



What we do

We work for people and for change:

Free individualized services:

- One-to-one skills training
- Peer support groups
- Resources & referrals

Creating systems change:

- Policy and programs advocacy
- Expert disability consulting for businesses



Youth Transition Services



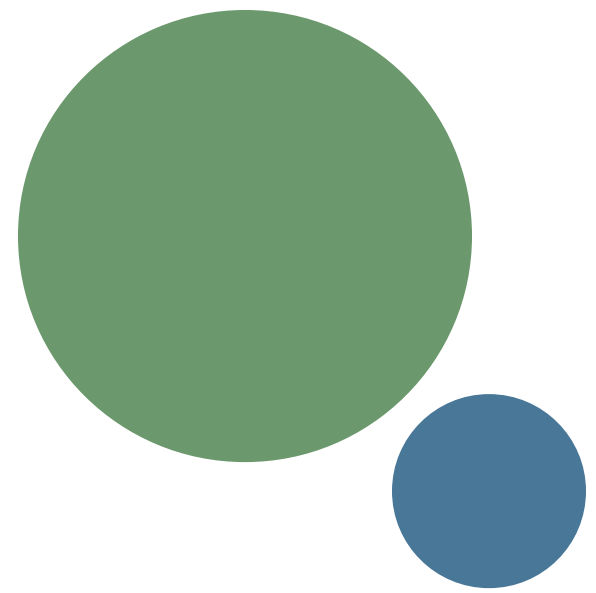
Transitioning into adulthood can be hard, and we are here to help:

- One-on-one individualized skills training
- Monthly peer mentoring groups
- Advocacy skills training
- Summer Workshop
- Youth Leadership Forum (YLF)



We help with:

- Housing referrals (we don't provide housing)
- Utility assistance
- Transition to independent living
- Job search and resume writing
- Transportation options
- Recreation and social activities
- Assistive technology
- Healthcare and social services
- Developing skills to live independently
- Other services based on your individual needs and goals



How to access services



Contact us:

- disabilityempowerment.org
- 1-866-545-7055
- Centers in Seattle, Redmond and Auburn

How to get involved

Connect:

- New website!
- Facebook, LinkedIn and YouTube
- E-newsletter
- Donate
- Volunteer
- Board membership
- Work for us
- Share your story



Photo: Healthy Community Living

Our new website!

The Alliance of People with disAbilities is now **Disability Empowerment Center!**



[Get Services](#)



[About Us](#) [What We Do](#) [Get Involved](#) [News and Events](#) [Contact](#) [Donate](#)

We believe everyone deserves to be treated with equity, to be included and to have choices.

Disability Empowerment Center provides free services to people who live in King County.

[Get Services](#)





Contact

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