Seattle City Limits King County Fall Prevention Resource List

### Home Health Agencies

<table>
<thead>
<tr>
<th>Name</th>
<th>Areas Served</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kline Galland Home Health</td>
<td>King County</td>
<td><a href="http://www.klinegalland.org">www.klinegalland.org</a></td>
</tr>
<tr>
<td>Evergreen Home Health</td>
<td>425 899 3300</td>
<td><a href="http://www.evergreenhealth.com/">www.evergreenhealth.com/</a></td>
</tr>
<tr>
<td>Right at Home</td>
<td>Greater Seattle/ Eastside</td>
<td><a href="http://www.rightathom.net/seattle-eastside">www.rightathom.net/seattle-eastside</a></td>
</tr>
</tbody>
</table>

### Senior Centers

Senior Centers are providing:
- Online Programs for Fitness and art
- Social Distance outdoor walking
- Lunch box meals or delivery
- Check out their websites or call

#### Ballard NW Senior Activity Center
- Address: 5429 32nd Ave NW
- City: Seattle
- Zip Code: 98107
- Contact: (206) 297-0403
- Website: https://ballardseniorcenter.org/

#### Central Area Senior Center
- Address: 500 30th Ave. S
- City: Seattle
- Zip Code: 98144
- Contact: (206) 726-4926
- Website: http://www.casrcenter.org

#### Greenwood Senior Center
- Address: 525 N 85th St.
- City: Seattle
- Zip Code: 98103
- Contact: (206) 297-0875
- Website: http://www.phinneycenter.org/gsc/ 

#### International Drop-In Center
- Address: 7301 Beacon Ave S
- City: Seattle
- Zip Code: 98108
- Contact: (206) 587-3735
- Website: http://www.idicseniorcenter.org

#### Pike Market Senior Center
- Address: 85 Pike St #200
- City: Seattle
- Zip Code: 98101
- Contact: (206) 728-2773
- Website: http://www.pikemarketseniorcenter.org

#### Senior Center of West Seattle
- Address: 4217 SW Oregon
- City: Seattle
- Zip Code: 98116
- Contact: (206) 932-4044
- Website: https://sc-ws.org/

#### South Park Senior Center
- Address: 8201 10th Ave. S
- City: Seattle
- Zip Code: 98108
- Contact: (206) 767-3650
- Website: http://www.spseniors.org

#### Southeast Seattle Senior Center
- Address: 4655 S Holly St.
- City: Seattle
- Zip Code: 98118
- Contact: (206) 722-0317
- Website: http://www.sessc.org/
**Phinney Neighborhood Association**  
6532 Phinney Ave N  
Seattle, WA 98103  
(206) 783-2244  
https://www.phinneycenter.org/seniors/

**Wallingford Community Senior Center**  
4649 Sunnyside Ave. N  
Seattle, WA 98103  
(206) 461-7825  
https://wallingfordseniors.org

**Pike Market Senior Center**  
85 Pike St #200  
Seattle, WA 98101  
(206) 728-2773  
http://www.pikemarketseniorcenter.org

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**Pharmaceutical and Vision Resources**

**Vision Matters**  
13510 NE 188th Place  
Woodinville, WA 98072  
(888) 281-1492  
Doing virtual and in-person visits  
http://www.visionmatters.net/

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**Physical Therapy Clinics : Call for hours of in person operation and virtual visits**

**Fall Prevention Clinic at Harborview**  
325 9th Avenue, Third Floor  
Seattle, WA, 98104  
Phone: (206) 520-5000  
https://www.uwmedicine.org/locations/fall-prevention-harbroadview

**Cascade Dizziness and Balance Clinic**  
120 Lakeside Ave #210  
Seattle, WA 98122  
(206) 925-3762  
http://cascade-dizziness.com/

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**Home Safety Modifications**

**Name:** Bath + from Bellevue Healthcare (Bathroom/Kitchen Modifications)  
**Areas Served:** King County  
**Phone:** 866-451-2842  
**Website:** https://bellevuehealthcare.com/services/installation-home-modification/

**Name:** Kitchen Plus (ADA Kitchen and Bathroom Remodels)  
**Areas Served:** King County  
**Phone:** (800) 310-0375  
**Website:** www.kitchenplus.com

**Name:** RampArts (Ramp and Railing Installation)  
**Areas Served:** King County  
**Phone:** 206-440-9999  
**Website:** http://www.rampartsnw.com/products.html

**Name:** King County EMS One Step Ahead  
**Areas Served:** All King County except City of Seattle  
**Phone:** (206) 263-8544  
http://www.fallprevention.ems@kingcounty.gov  
http://www.kingounty.gov/ems/falls