South King County Senior Centers and Resources

King County Veterans, Seniors & Human Services Levy
Resource Navigation
Core Team

Jennifer Hurley, MSW, LICSW
Resource Navigation Program Supervisor

Tiye Murry
Resource Navigation Program Specialist

Taylor Prescott
Resource Navigation Office Assistant

Lindsey Pritchard
Resource Navigation Program Assistant

Min Feng
Resource Navigation Program Specialist
Agenda

What is the VSHSL?
What is a Senior Hub?
South King County Senior Centers & Resources Hub
Resource Navigation Program
Q&A
• Levy is renewed every 6 years
• Began in November 2005
• VSHSL (Proposition 1) approved by 68.6% of the vote in 2017
• King County Department of Community & Human Services (DCHS) oversees the VSHSL
Who Does the VSHSL Serve?

• Servicemembers and veterans,
• Residents age 55 or older,
• Vulnerable/ resilient communities

Connects them to programs and services that help them live healthy, productive and meaningful lives. It helps individuals and families transition to affordable housing, get job training, find employment, receive behavioral health treatment, and more.
VSHSL Suite of Senior Services

- Senior Hubs
- Virtual Villages
- Evidence-Based Senior Health Promotion
- Senior Mobile Medical Outreach Program
- Kinship Care Supports
Senior Center Hubs

In 2019, King County launched investments of over $20.6 million to senior centers and community organizations serving the elderly.

They encouraged regional senior centers and other community groups to form “hubs” or collaborations to better reach specific demographics or serve a defined geographic area or cultural group.

Senior Hubs serve as recognized resource centers on aging services and provide support, outreach, connection, and opportunities for social engagement to elders throughout King County.
Other Senior Center Hubs

- Far East Senior Hub
- Hub for Asian American Pacific Islander Seniors
- South East Rural Senior Hub
- El Centro de la Raza
- GenPride Center
- Greenwood Senior Center & Dementia-Focused Hub
- **South King County Senior Centers & Resources Hub**
South King County
Senior Centers & Resources Hub

- Pacific Senior Center
  Darcie Thach, Senior Services Lead
  253-929-1150
- Auburn Senior Activity Center
  Radine Lozier, Manager
  253-931-3016
- Federal Way Senior Center & Food Bank
  Shelley Puariea, Executive Director
  253-838-3604
What population does our Hub serve?

• Seniors Age 55+ (and/or their Caregivers)
• Veterans of Any Age
• Family Member of Veteran
• Resides Within our HUB Boundary

Focus Population:
• Geographically or Socially Isolated
• Seniors Facing Housing Instability
• Immigrant and Limited English-Speaking Seniors
Resource Navigation Program

• Received funding in late 2019

• Full-time Program Coordinator hired February 2020

• COVID impacts

• Additional Staff hired in Fall 2020 and again in 2022

• Two Part-Time Resource Navigation Specialists
What does a Resource Navigator help with?

• Housing
• Transportation
• Financial Help
• Utility Help
• Emotional Support
• Access to Medical/ Mental Health Care
• Long-Term Care
• Caregiving Resources
• Vocational Concerns
• Legal Resources
• Applying for Benefits
• And MUCH MORE!
Service Contacts by Year

- 2020: 1201 Service Contacts/year
- 2021: 612 Service Contacts/year
- 2022: 546 Service Contacts/year
Technology Help
Site Visits
Case Study: Hub Collaboration
Taking Care of You: Powerful Tools for Caregivers

6-week program held once a week that offers caregivers the opportunity to learn new strategies for self-care, emotional balance, coping skills and confidence.

Are you a spouse, adult child, relative or friend helping a loved one with a chronic illness or disability?

To Register Call
253.931.3016
Registration opens Oct. 3rd | class #56921

Location:
Auburn Senior Activity Center
808 9th ST SE
Auburn, WA 98002

Learn how to:
• Identify and Reduce Stress
• Communicate Effectively
• Learn from our Emotions
• Make Tough Decisions
• Set Goals & Problem Solve
• Locate Helpful Resources

6 Classes
Oct. 11 - Nov. 15
Tuesdays
3pm - 4:30pm
fee: $10
includes handbook
Where do Referrals Come From?

- Walk-in at the Senior Center(s) and Word of Mouth
- Family Members
- Neighbors and Friends
- Auburn Medical Center/Multicare Social Workers
- Home Health Providers
- Community Agencies in Auburn
- City Departments (Police, Outreach, Utility Assistance, etc.)
- Fire Departments
- Auburn Food Bank/Shelter/Ray of Hope
- Librarians
- Senior Housing Staff
- Veterans Organizations
How To Contact Us

South King County Senior Centers and Resources Hub Hotline:

253-470-2098