



South King County Senior Centers and Resources

King County Veterans, Seniors & Human Services Levy

Resource Navigation Core Team



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Agenda

What is the VSHSL?



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graph TD; A[What is the VSHSL?] --> B[What is a Senior Hub?]; B --> C[South King County Senior Centers & Resources Hub]; C --> D[Resource Navigation Program]; D --> E[Q&A];
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What is a Senior Hub?

South King County Senior Centers & Resources Hub

Resource Navigation Program

Q&A



King County

Veterans, Seniors & Human Services Levy


- Levy is renewed every 6 years
- Began in November 2005
- VSHSL (Proposition 1) approved by 68.6% of the vote in 2017
- King County Department of Community & Human Services (DCHS) oversees the VSHSL

Who Does the VSHSL Serve?

- Servicemembers and veterans,
- Residents age 55 or older,
- Vulnerable/ resilient communities



Connects them to programs and services that help them live healthy, productive and meaningful lives. It helps individuals and families transition to affordable housing, get job training, find employment, receive behavioral health treatment, and more.

A photograph of four diverse senior adults smiling and posing outdoors under green trees. From left to right: a woman with short grey hair and glasses wearing a floral top; a Black man with a grey beard, glasses, and a grey cap wearing a maroon button-down shirt; a white man with a grey beard and glasses wearing a white button-down shirt; and an Asian man with glasses wearing a light blue checkered button-down shirt. A faint, semi-transparent image of a woman's face is overlaid on the right side of the image.

VSHSL Suite of Senior Services

- **Senior Hubs**
- Virtual Villages
- Evidence-Based Senior Health Promotion
- Senior Mobile Medical Outreach Program
- Kinship Care Supports

Senior Center Hubs

In 2019, King County launched investments of over **\$20.6 million** to senior centers and community organizations serving the elderly.

They encouraged regional senior centers and other community groups to form “hubs” or collaborations to better reach specific demographics or serve a defined geographic area or cultural group.

Senior Hubs serve as recognized resource centers on aging services and provide support, outreach, connection, and opportunities for social engagement to elders throughout King County.



Other Senior Center Hubs



- Far East Senior Hub
- Hub for Asian American Pacific Islander Seniors
- South East Rural Senior Hub
- El Centro de la Raza
- GenPride Center
- Greenwood Senior Center & Dementia-Focused Hub
- **South King County Senior Centers & Resources Hub**



South King County Senior Centers & Resources Hub



- Pacific Senior Center
Darcie Thach, Senior Services Lead
253-929-1150
- Auburn Senior Activity Center
Radine Lozier, Manager
253-931-3016
- Federal Way Senior Center & Food Bank
Shelley Puariea, Executive Director
253-838-3604

What population does our Hub serve?

- Seniors Age 55+ (and/or their Caregivers)
- Veterans of Any Age
- Family Member of Veteran
- Resides Within our HUB Boundary

Focus Population:

- Geographically or Socially Isolated
- Seniors Facing Housing Instability
- Immigrant and Limited English-Speaking Seniors



The map displays the city of Auburn, Washington, with its city limits outlined in a thick red line. Surrounding areas are labeled: Kent to the north and east, Algona to the south, Pacific to the southwest, and Federal Way to the west. The map also shows 'UNINCORPORATED KING COUNTY' and 'FEDERAL WAY'. A small inset map shows the location of Auburn within the state of Washington.

THE "CARTER" TRUCKS BEING USED BY THE U.S. ARMY WITHIN THE U.S. ARE BEING REPAIRED BY THE U.S. ARMY. THE "CARTER" TRUCKS BEING USED BY THE U.S. ARMY WITHIN THE U.S. ARE BEING REPAIRED BY THE U.S. ARMY. THE "CARTER" TRUCKS BEING USED BY THE U.S. ARMY WITHIN THE U.S. ARE BEING REPAIRED BY THE U.S. ARMY.

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Notes



King County

Resource Navigation Program

- Received funding in late 2019
- Full-time Program Coordinator hired February 2020
- COVID impacts
- Additional Staff hired in Fall 2020 and again in 2022
- Two Part-Time Resource Navigation Specialists



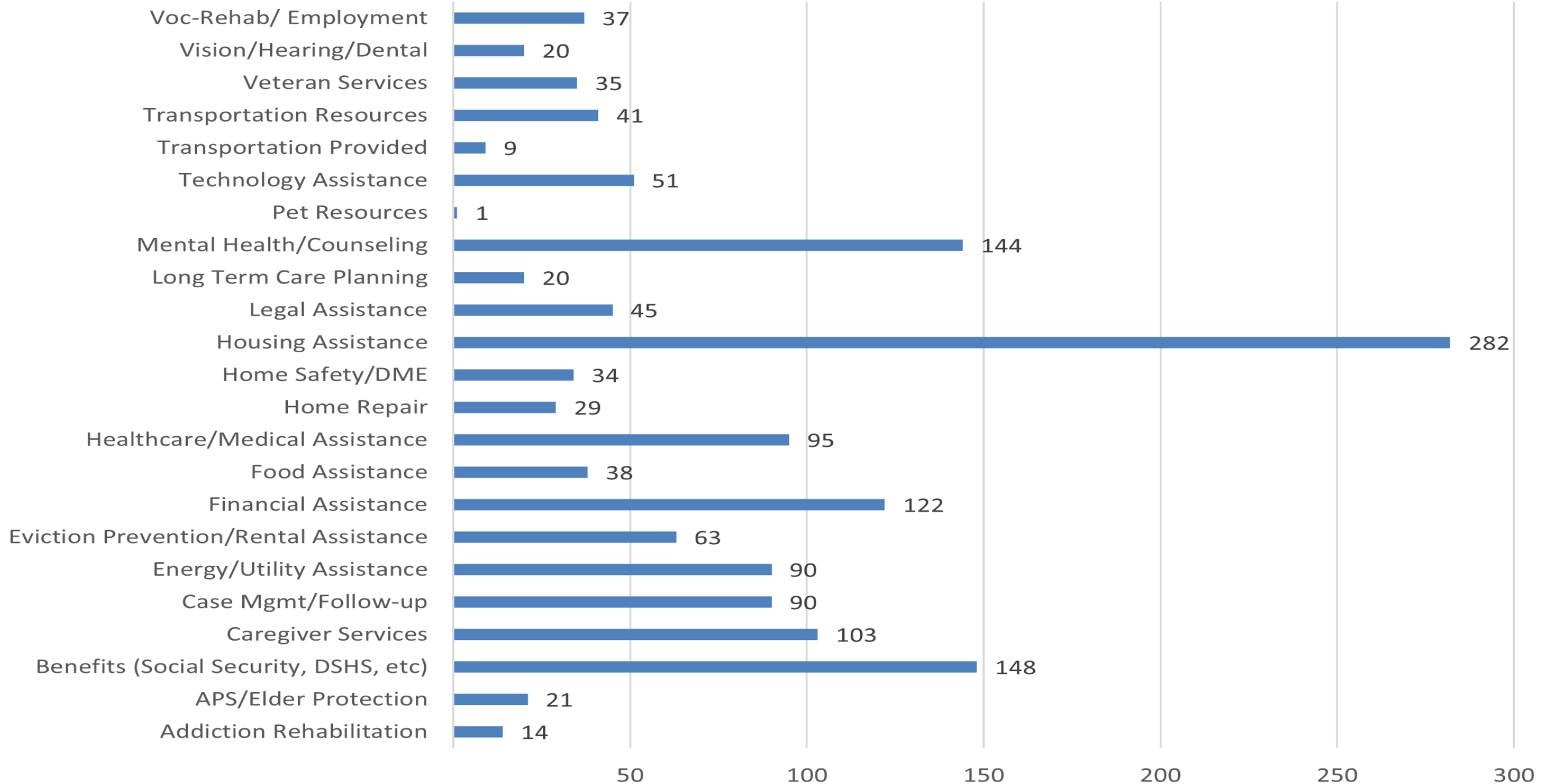


Community Outreach

What does a Resource Navigator help with?

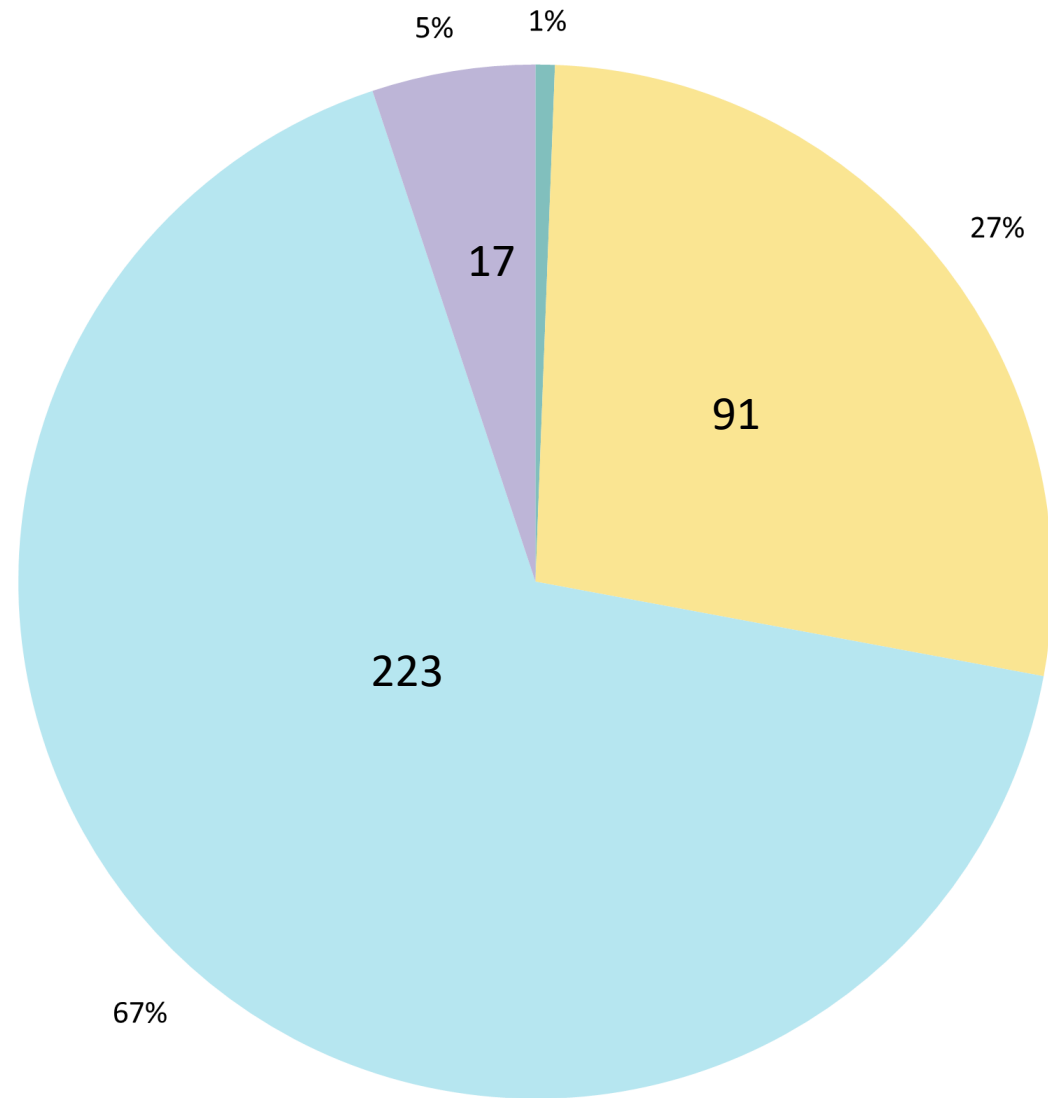
- Housing
- Transportation
- Financial Help
- Utility Help
- Emotional Support
- Access to Medical/ Mental Health Care
- Long-Term Care
- Caregiving Resources
- Vocational Concerns
- Legal Resources
- Applying for Benefits
- **And MUCH MORE!**

Services

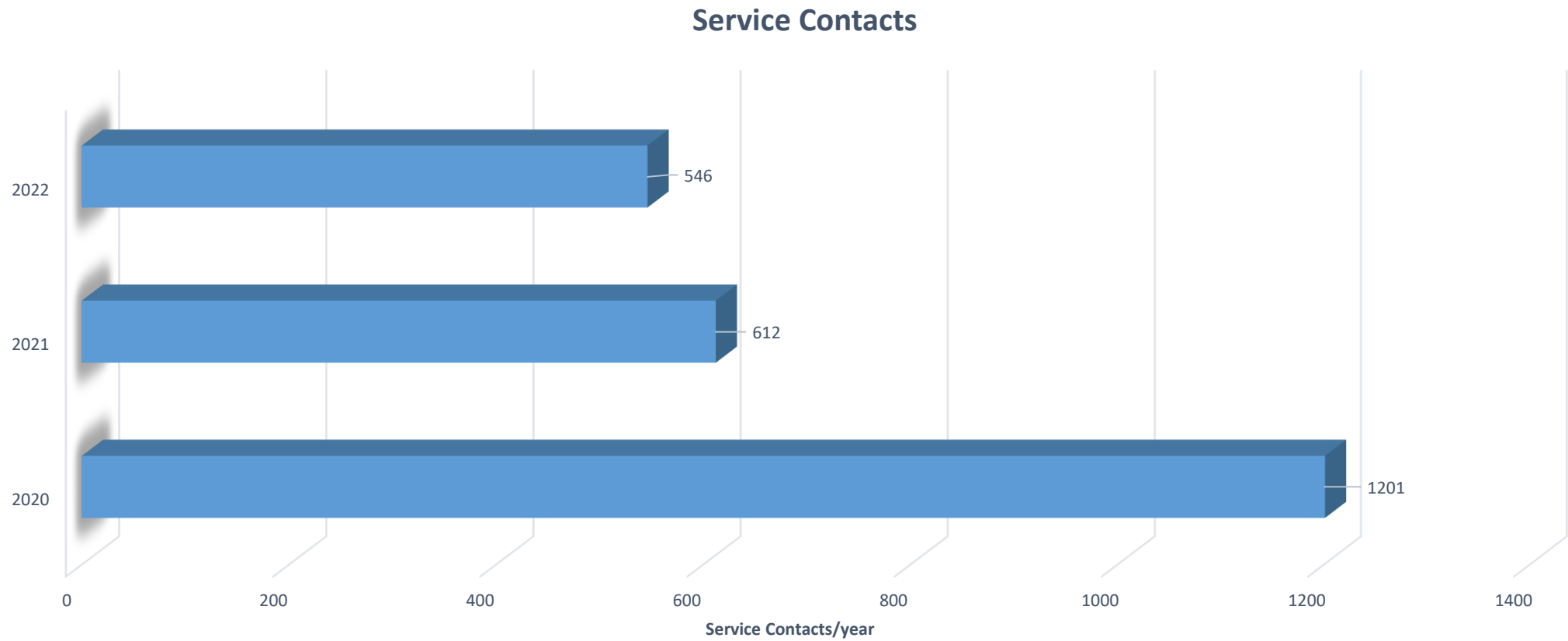


Cases by Status

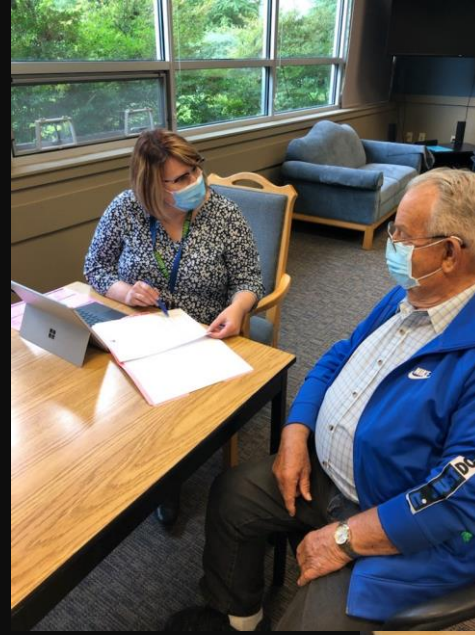
■ Active ■ Closed ■ On Hold



Service Contacts by Year



Technology Help





Site Visits



Case Study: Hub Collaboration



Taking Care of You: Powerful Tools for Caregivers

6-week program held once a week that offers caregivers the opportunity to learn new strategies for self-care, emotional balance, coping skills and confidence.

Are you a spouse, adult child, relative or friend helping a loved one with a chronic illness or disability?

To Register Call

253.931.3016

Registration opens Oct. 3rd | class #56921

Location:

Auburn Senior Activity Center
808 9th ST SE
Auburn, WA 98002

Learn how to:

- Identify and Reduce Stress
- Communicate Effectively
- Learn from our Emotions
- Make Tough Decisions
- Set Goals & Problem Solve
- Locate Helpful Resources

6

Classes

Oct. 11 - Nov. 15

Tuesdays

3pm - 4:30pm

fee: \$10

includes handbook

 **King County**
Veterans, Seniors & Human Services Levy


**South King County
Senior Centers
and Resources**
King County Veterans, Seniors & Human Services Levy

Where do Referrals Come From?

- Walk-in at the Senior Center(s) and Word of Mouth
- Family Members
- Neighbors and Friends
- Auburn Medical Center/ Multicare Social Workers
- Home Health Providers
- Community Agencies in Auburn
- City Departments (Police, Outreach, Utility Assistance, etc.)
- Fire Departments
- Auburn Food Bank/ Shelter/Ray of Hope
- Librarians
- Senior Housing Staff
- Veterans Organizations

How To Contact Us



**South King County
Senior Centers and Resources
Hub Hotline:**

253-470-2098

