

## The Homage Senior Companion Program



The Homage Senior Companion Program serves older adults in King & Snohomish Counties. Volunteers 55+ support adults who are isolated and/or disabled by providing weekly companionship, transportation and/or other support (accompany shopping, organizing, social calls, respite support, walking partner).

### **Benefits of being a Senior Companion Volunteer:**

- Receive an hourly tax-free stipend (\$3.15/hr.) & bus or mileage and meal reimbursements;
- Develop new friendships and provide support to those in your community; and
- Receive mthly training on relevant issues.



### **Requirements to be a Senior Companion Volunteer:**

- Be 55+ or older, and lower income (\$2265/mth after medical deductions);
- Able to serve at least 8 hours a week; including monthly meetings;
- Commit to serve for at least one year.

### **The Process to Become a Senior Companion Volunteer:**

- Fill out and return an application to Mary Ann Higgins at Homage or contact her at: 425-355-1138 or email: mhiggins@homage.org
- Complete background checks and attend Senior Companion Orientation;
- Be matched with other seniors & start helping yourself and others.

### **Requirements to receive free support from a senior companion volunteer:**

- Live in your own home or apt. (not assisted living or adult family home)
- Be 60+, or an adult of any age with a disability. No income limits.

**For more info:** <https://homage.org/health-wellness/senior-companion-program/>  
*The Senior Companion Program is funded thru a Federal Grant from AmeriCorps Seniors*