

## Adult Day Health

Spring 2022 Update

Stacy Christ, Adult Day Health Program Development Director

## What is Adult Day Health

- Supports the independence of older adults and people with chronic illnesses and disabilities who wish to continue living in their community
- Skilled nursing and occupational therapy services
- Therapeutic activity groups, case management, transportation, and meals are provided
- Serve King and Snohomish Counties
- Funding



## The Adult Day Health Client

- Where they live: adult family homes, assisted living facilities, or private homes.
- Who cares for them: paid caregivers, family caregivers, or are on their own at home.
- Conditions they live with: dementia, frailty, brain injury, major neurocognitive disorders, developmental delay, multimorbidity, various chronic conditions, etc



## **Program Updates**

- Current Services
- Coming Soon! In-Person Reopening!
- How to Refer

Website: <u>https://www.fulllifecare.org/contact-us/informationrequest-</u>

#### <u>form/</u>

Social Worker: Vanna Buckingham Email: vanna.buckingham@fulllifecare.org Phone: (206) 201-1108

• We Are Hiring!



# Thank You! Questions?

## **Contact Info:**

## **Stacy Christ**

### Adult Day Health Program Development Director

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