

# giving care • taking care

A Conference for Family Caregivers

**MONDAY, JUNE 4, 2018**

9:00am – 4:30pm • Tukwila Community Center

## CARING FOR AN ELDER OR AN ADULT WITH DISABILITIES?

### LEARN MORE ABOUT:

- Caregiver Survival Tips
- Legal Planning
- Dementia Basics
- Products and Agencies that Can Help
- Reducing Stress and Finding Joy
- And more...

### EARLY REGISTRATION DEADLINE

REDUCED FEE THROUGH MAY 14, 2018

- \$30 – family and volunteer caregivers
- \$50 – agency-based community caregivers

**LIMITED SPACE** – you must pre-register, there is no registration at the door.

1. Find out more at <http://tinyurl.com/GivingCareTakingCare>
2. OR call (360) 725-2544 or 1-800-422-3263 to leave a voicemail with your name and street mailing address.



I feel like I can be a more loving caregiver after this conference

— 2017 conference attendee —



**CONFERENCE  
HOSTS**

