



Washington State
Department of Social
& Health Services

AL TSA Aging and Long-Term
Support Administration



**COMMUNITY LIVING
CONNECTIONS**

— LINKING YOU TO —
Personalized Care & Support Options



DSHS 101

STAFF DEVELOPMENT DAY

Laying the Foundation



Agenda—DSHS Programs and Collaborative Initiative—A Glimpse



- ▶ Programming (Federal Grants, State Funding)
 - ▶ Health Homes
 - ▶ Community Living Connections
 - (Aging and Disability Resource Centers)
 - ▶ Partnership Grant
 - ▶ Veterans Directed Home Services
 - ▶ State Plan for Alzheimers
 - ▶ Dementia Capability Systems Grant
 - ▶ Roads to Community Living
- ▶ Lifespan Respite
- ▶ Home Care Referral Registry
- ▶ Communities of Practice
- ▶ First Time Psychotic
- ▶ Northwest Justice Project

PROGRAMS

The Affordable Care Act



March 2010



Initiatives





Washington's Health Homes

Health Home Overview

May 2014

The Need for Integrated Care in the 21st Century

- Fragmented service delivery and lack of overall accountability (medical and non-medical)
- Be based in organizations that accountable for costs and outcomes
- Act as a bridge to coordinate across all systems of care



Health Homes Services in Washington State (cont.)

- Make changes to improve beneficiaries' ability to function in their homes and communities and to improve their self-care abilities
- Access the right care, at the right time and place



Health Homes Services in Washington State (cont.)

- Successfully transition from hospital to other care settings and get necessary follow-up care
- Reduce avoidable health care costs; and
- Ensure access to after hours assistance to help with health care decisions during evenings or weekends when the Health Home coordinator is not available



Eligibility

- To participate in Health Homes, the beneficiary must have:
 - Multiple chronic conditions
 - A PRISM* risk score of 1.5 or greater
 - Indicates High Cost High Risk

**Who is
Eligible ?**

Predictive Risk Intelligence System (PRISM)

- ▶ Web-based
- ▶ Algorithm based on claims data
- ▶ Prospective risk scores
- ▶ Manual Calculator when no Claims Data Available

Health Home Participation

- ▶ If a beneficiary decides to participate, the Care Coordinator and beneficiary will:
 - ▶ Complete a Health Home Services Consent form to enable sharing of information with beneficiary designated providers
 - ▶ Complete a Health Action Plan (HAP) which will include goals identified by the beneficiary
 - ▶ Identify needs and determine where more coordination or additional services and resources are needed

Questions



No Wrong Door Network (NWD)—Aging and Disability Resource Centers (ADRC)





What is the No Wrong Door Network?

The No Wrong Door Network serves as single points of entry into the long-term supports and services system for older adults and people with disabilities.



Resources



No Wrong Door (NWD)

Designed for Individuals, Families
and Caregivers to Access:

- ▶ The Right Services
- ▶ The Right Time
- ▶ Right Setting



A Myriad of Resources

Reduction of the individual's time spent navigating community resources.


Greater time and use of resources to be utilized to meet the individual's goals.



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Enhanced Options Counseling Grant

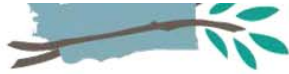


Washington State is one of eight states funded under the 2012 Aging and Disability Resource Center (ADRC) Part A grant. The goal of this project is to achieve statewide implementation of a Person-Centered Options Counseling (PC-OC) Training and Certification program and facilitation of statewide ADRC expansion.

Information System



- ▶ Client Management System
- ▶ Consumer Website



CONNECTIONS
LINKING YOU TO
Personalized Care & Support Options



Explore your options



Learn about services and support options in your home and community



Find services



ZIP or county

Keyword

Go

Find in-home and community services and supports as well as community engagement opportunities.



Connect with your community



Plan and prepare



Understanding and accessing services



Find benefit programs you might be eligible for

Quick Links

Area Agencies on Aging

Centers for Independent Living

Resources for:

People with Developmental Disabilities

Caregivers

Veterans

CLC Self-Service Portal



Person Centered
Options
Counseling



A Quick Look!!



Person Centered Options Counseling Curriculum

- ▶ One day in person training with an emphasis on person centered practices
- ▶ Six online courses that incorporate the person centered practice tools from in-person training



Person Centered Options Counseling Curriculum Courses:



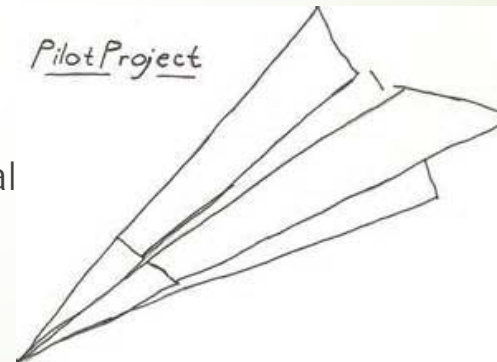
1. Introduction to No Wrong Door (online)
2. [Part A]: Person Centered Thinking and Practice (online)
3. [Part B]: Person Centered Thinking and Practice (in-person)

3. Person Centered Planning and Implementation (online)
4. Who We Serve (online)
5. Long Term Services and Supports (online)
6. Protection and Advocacy (online)



A Pilot for the National Curriculum

- Must be completed by August 31st, 2016
- 275 Slots for Pilot
- Will be available for Professional in the Future



Next Steps

Sign up for Person Centered
Counseling Training by contacting:

Aime Fink

finkae@dshs.wa.gov

(360)725-2521



Questions?



Partnership Project and ADRC Practicum Orientation



**Social Work Programs and
ADRCs/VNSNY**

Background and Goals of Partnership Project

Partnership Project States



- Connecticut
- Maryland
- Massachusetts
- New Hampshire
- Oregon
- Vermont
- Washington
- Wisconsin
- New York

Project Goals

Person Centered planning



Participant Directed



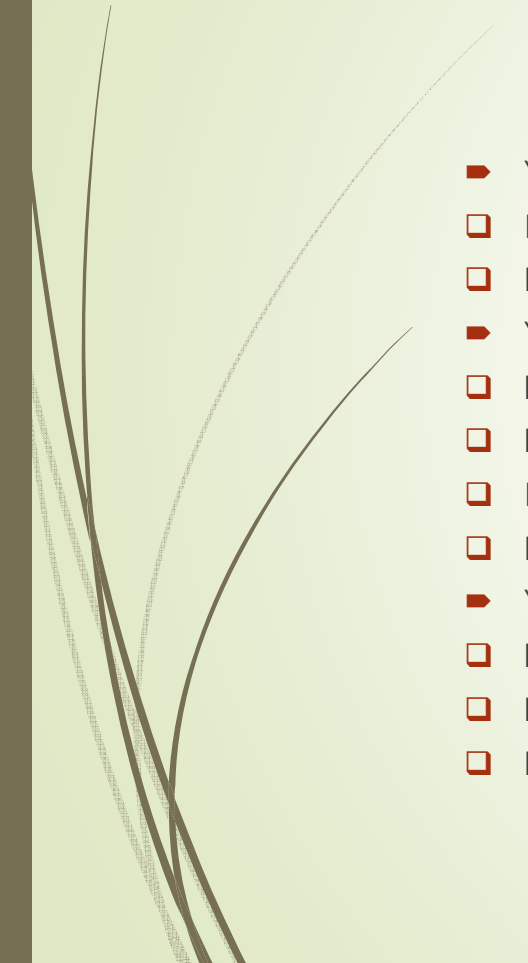
Project Goals (cont.)



**Social Work Programs and
ADRC/VNSNY**



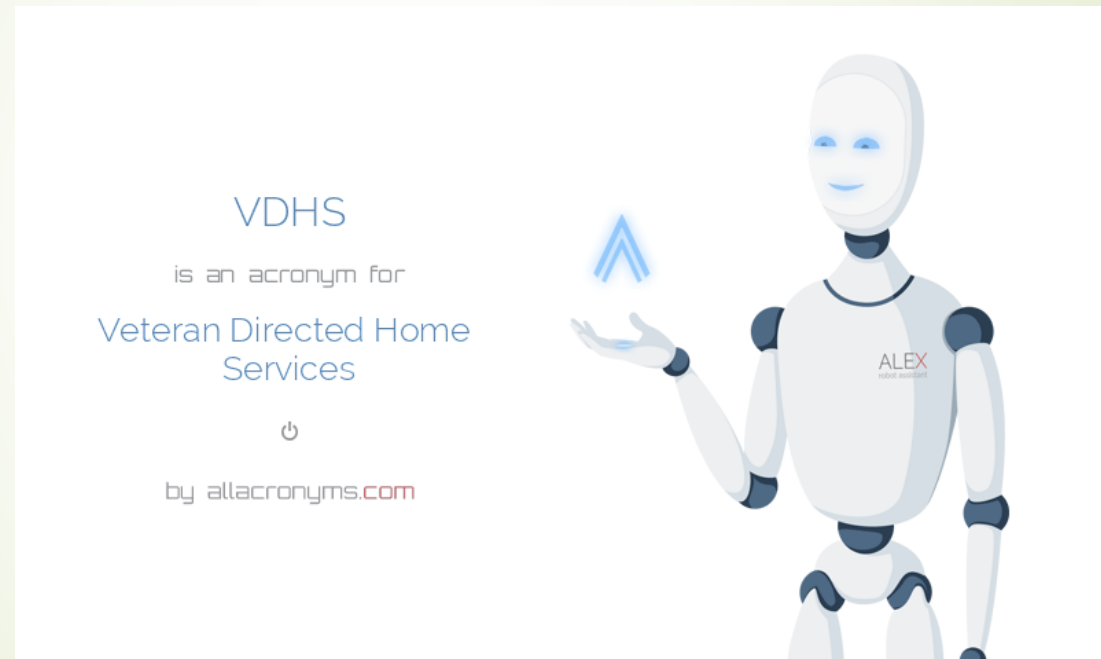
Timeline

- Year 1
 - ❑ Develop Person Centered and Participant Directed Curriculum for general level courses
 - ❑ Recruit students for field placements
 - Year 2
 - ❑ Implement general level curriculum
 - ❑ Field placements at Aging and Disability Network
 - ❑ Develop Person Centered and Participant Directed Curriculum for advanced level courses
 - ❑ Evaluation
 - Year 3
 - ❑ Implement advanced level curriculum
 - ❑ Field placement at Aging and Disability Network Organization
 - ❑ Evaluation
- 

Competencies



Veterans Directed Home Services (VDHS)



VDHS

- ▶ VA determines eligibility
- ▶ Care Consultation
- ▶ Financial Management Services

Definition of coaching

"The process of empowering others."

Whitmore, 1997

"Coaching is unlocking a person's potential to maximise their own performance. It is helping them to learn rather than teaching them."

Whitmore, 2002



Questions



Alzheimer's State Plan

- ▶ Released in January 2016
 - ▶ Goals
 - ▶ Strategies
 - ▶ Recommendations
- ▶ Taking Action for Alzheimer's and dementia
- ▶ Dementia Action Collaborative
 - ▶ Group of public and private partners
 - ▶ Leading the charge to implement the plan



Questions





Dementia Capable Systems Grant

- Implement dementia-capable training
- Enhance data systems
- Improve linkages and messaging
- Access to services



Dementia Capability

Holds the vision of providing the highest quality of life for all Washington State residents with memory loss.



- ▶ Person Centered approach
- ▶ Recognizes the uniqueness of each individual
- ▶ Balancing health and safety with psychological needs

The Importance of Medical Diagnosis for Memory Loss

- ▶ Don't ignore symptoms
- ▶ See a doctor soon for diagnosis to determine the cause



The Importance of Medical Diagnosis for Memory Loss (Cont.)



- More Treatment Options and Benefits
- Ability to Plan for the Future
- Opportunity to participate in Decisions about Care
- Time to Create Relationships with Medical and Support Community

Questions



Roads to Community Living

- ▶ Help people with complex long term needs move back into the community

- ▶ Demonstration Project through 2020

- ▶ Intensive one on one planning for transition back to community
- ▶ Access to additional service for one year after move into community
- ▶ One time expenditure available for move



Questions



Lifespan Respite Washington



- Voucher Program
- Unpaid caregivers
- Not on publically funded program

Questions



Home Care Referral Registry

- Matches Medicaid HCBS clients with pre screened and pre qualified Individual Providers
- HCRR personalized services
 - Employment opportunity
 - Care needs of eligible clients

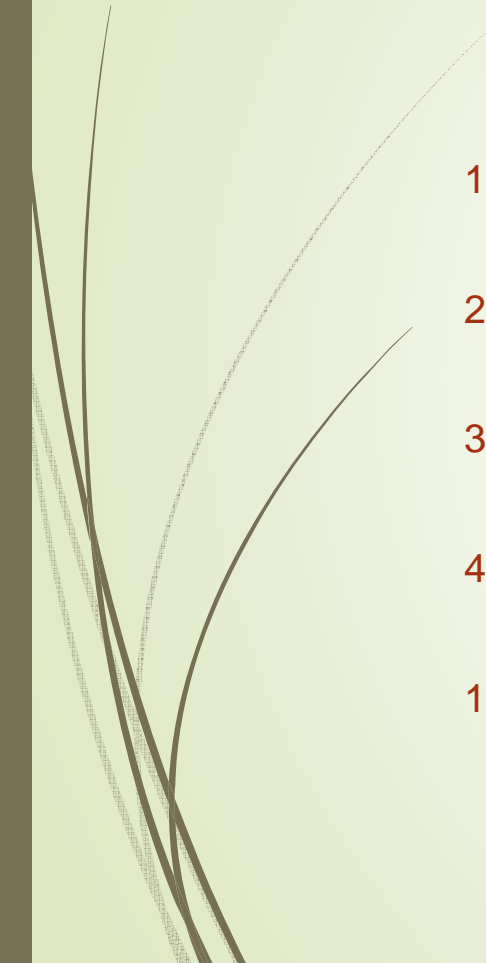


Questions





Communities of Practice

- 
1. Adult Siblings who have and will assume support and care giving roles
 2. Senior Caregivers with sons and daughters over 40 living a home
 3. Supporting Individuals with I/DD who are parents
 4. Improving the “Front Door” experience of the DD System
-
1. Supporting Adults with I/DD living at home exercising decision-making, self-determination and autonomy

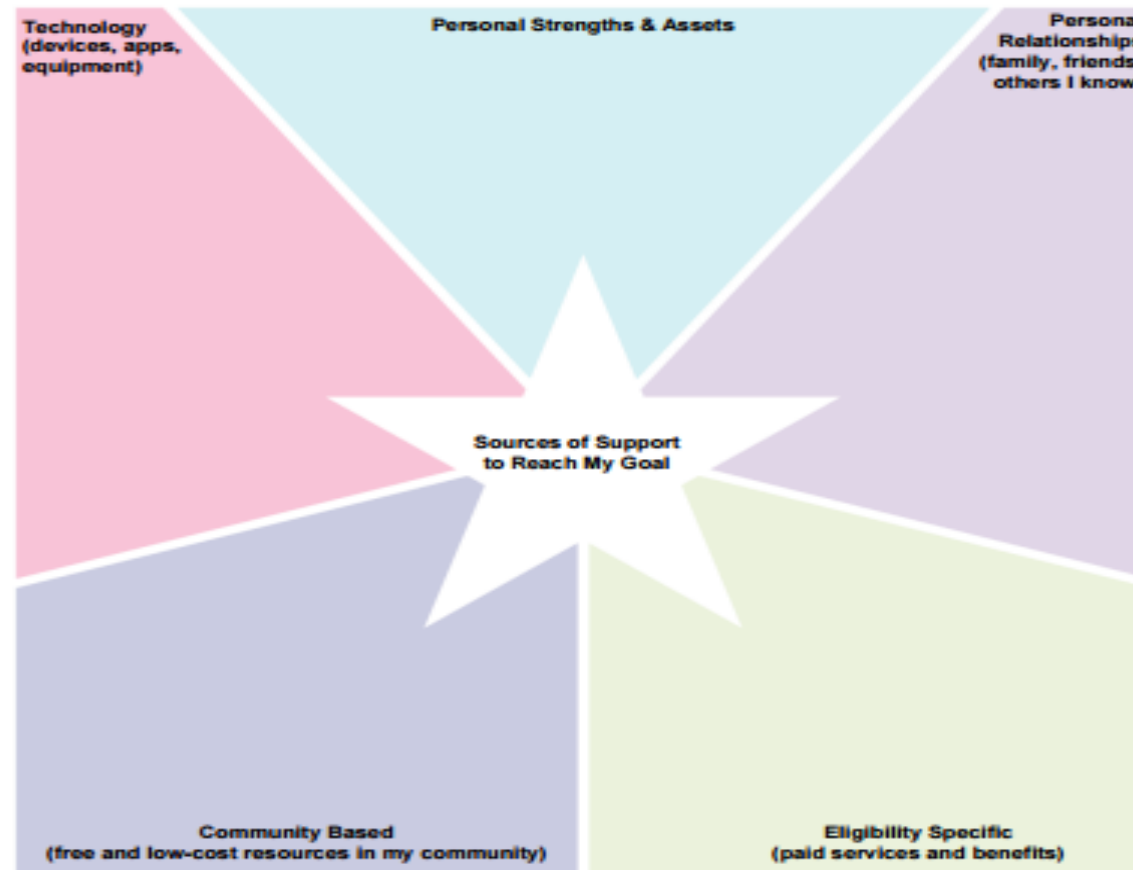
CHARTING the life course



Integrated Services and Supports

People need supports to lead good lives. Using support from lots of different sources helps to create a full, inclusive life that's not limited to, or defined by, paid services. Use this form to help identify sources of support and personal strengths to reach a specific goal or larger vision.

Goal: _____



Questions



First Episode Psychosis Program and Early Psychosis Initiative

- ▶ Education and awareness
 - ▶ Recognition of symptoms
 - ▶ Reduce stigma
- ▶ Pilot
 - ▶ Yakima
 - ▶ 15-25 years old
 - ▶ Services to 25



Questions



Northwest Justice Project



- Phase I
- Dementia Capability
- CLEAR Line
- Health Homes
- Lay Guardianship Handbook

Questions

