

# Aging and Long-Term Support Administration (ALTSA)

## Housing and Support Services

Whitney Joy Howard and Rob Parfet



Washington State  
Department of Social  
& Health Services

*Transforming lives*

**The ALTSA  
Housing Team:**  
Increasing options  
for independent  
housing with  
a range of support  
for those who  
choose  
not to call an  
institution home

Non-elderly  
Disabled  
(NED)  
Vouchers

ALTSA  
housing  
subsidies

HUD 811  
PRA  
Subsidies

Supportive  
Housing

# AL TSA Housing Options

	AL TSA Rental Subsidy	811 Project Based Voucher	Non-Elderly Disabled (NED) Voucher	Supportive Housing: GOSH	Emergency Rental Assistance
On the day of application:					
Applicant must be:	On at least 3 waitlists for permanent, subsidized housing	A person with a disability	A resident in a nursing facility or other institutional setting	Discharging from Eastern or Western State Hospital or be on a waitlist	At risk of eviction in community based
Age:	Over 18	18-61 at lease up	18-61 at lease up	Over 18	Over 18
Income:	Must be financially eligible for LTC	Extremely low income, 30% area- wide income, clients pay 30% of income for rent	Very low income, 50% of area- wide income as determined by HUD, client pays 30% of income for rent	Extremely low income, 30% area- wide income, clients pay 30% of income for rent	Must be financially eligible for LTC
Restrictions:	Client must remain eligible for LTC services for the	Must be receiving Medicaid services and supports and be on a DSHS caseload	Be in good standing with federally assisted housing programs with no convictions of meth production, not a registered sex offender, no evictions for criminal drug activity from federally-funded housing within 3 years.	Must be receiving Medicaid services and supports and be on a DSHS caseload	Considered one- time assistance
Application is processed by:	Actively work with AL TSA Housing Program Manager in finding a permanent subsidy	Housing Program Managers at specific properties	Regional Housing Program Managers  <i>Available in Snohomish (50), (35), City of Tacoma (100), City of Yakima (15), Peninsula (15), Housing Opportunities of SW WA (35)</i>	Housing Program Managers at specific properties	Requires case manager supervisor approval prior to submitting ERA form to AL TSA Housing Program Manager; Community Choice Guide makes payment

# Quick Overview – What Is Healthier Washington Medicaid Transformation? MT

- Is a 5 year demonstration waiver funded by CMS (Centers for Medicare and Medicaid Services)
  - An agreement with the federal government which allows us to test new and innovative approaches to providing health coverage and care
  - Involves 3 state agencies
    - Health Care Authority (HCA) and Behavioral Health Admin (BHA) and Aging and Long Term Support Admin (ALTSA) of DSHS
- Includes 3 Initiatives
  - Init 1: Transforming the Medicaid medical delivery system using Accountable Communities of Health (ACH)
  - Init 2: Long-Term Services and Supports (LTSS)
  - **Init 3: Foundational Community Supports (FCS)**
    - **Supportive Housing and Supported Employment**

# Foundational Community Supports



## What it is





- Targeted Medicaid benefits that help eligible clients with complex health needs obtain and maintain housing and employment stability.
- Supportive Housing services
- Supported Employment services

## What it isn't




- Ongoing payments for housing, rent, or room & board costs
- Wages or wage enhancements for clients
- Entitlement



# What is Supportive Housing?

-  Supportive Housing (SH) is a philosophy, a program and an evidence-based practice
-  SH keeps the individual front and center and supports their stated goals and work toward social integration
-  Utilizes Harm Reduction and Assertive Engagement
-  Home Visits

# Why Supportive Housing through ALTSA

-  ALTSA seeks flexible, responsive, low barrier, independent solutions for clients with complex behavioral health challenges in addition to their long term care needs.
-  Clients with these needs often do not thrive in institutional and current ALTSA residential care settings.
-  Demographics indicate a growing need for those in current Supportive Housing programs to have better access to ALTSA services.

# How it Works: FCS Eligibility for ALSTA

Individual must:



Want to live independently in their own apartment and



Meet ALSTA Functional *and* Financial Eligibility (Needs Criteria)

AND...





# Supportive Housing: More than Housing with Supports

We're focusing on ALISA's clients who need a high level of engagement, including those with a history of:

- HUD definition Chronic Homeless, or
- Frequent or lengthy institutional contacts, or
- Frequent or lengthy adult residential care stays, or
- Frequent turnover of in-home caregivers or providers, or
- PRISM score of 1.5 or higher

If people are doing fine using existing housing supports (including informal supports, waiver services, client training, CCG services, housing vouchers) there's no need to use Supportive Housing.

# Amerigroup

## Third Party Administrator

- Contracted with the state
- Provides administrative oversight of benefit programs
  - Provider network development and maintenance
  - Service authorization
  - Distribution of reimbursement payments
  - Data/encounter tracking

# Amerigroup

<https://www.myamerigroup.com/washington-fcs/home.html>

Contact AMG with questions or for more information

1-844-451-2828

FCSTPA@amerigroup.com

## AL TSA Housing Contacts

### *Housing Program Managers (HPMs)*

### *Supportive Housing Managers (SHMs)*

#### REGION 1

**Dan Ruddell**

509.568.3823

[ruddedg@dshs.wa.gov](mailto:ruddedg@dshs.wa.gov)

**Ian Harpole**

509.568.3876

[harpol@dshs.wa.gov](mailto:harpol@dshs.wa.gov)

**Samantha Tippery**

509.585.8072

[tippesd@dshs.wa.gov](mailto:tippesd@dshs.wa.gov)

#### REGION 2

**Jonnie Matson**

360.429.2939

[jonnie.matson2@dshs.wa.gov](mailto:jonnie.matson2@dshs.wa.gov)

**Rob Parfet**

360.628.0974

[ParfeR@dshs.wa.gov](mailto:ParfeR@dshs.wa.gov)

**Whitney Joy Howard**

360.791.2358

[howarwj@dshs.wa.gov](mailto:howarwj@dshs.wa.gov)

#### REGION 3

**Kris Smock**

360.725.2532

[SmockK@dshs.wa.gov](mailto:SmockK@dshs.wa.gov)

**John Kistner**

360.725.3409

[KistnJ@dshs.wa.gov](mailto:KistnJ@dshs.wa.gov)

**Andy Cochran**

360.725.2547

[cochraa@dshs.wa.gov](mailto:cochraa@dshs.wa.gov)

#### AL TSA HQ

**Liz Prince, RCL/Housing Unit Manager**, 360.725.2561, [prince@dshs.wa.gov](mailto:prince@dshs.wa.gov)

**Julie Cope, RCL Quality Improvement Specialist**, 360.725.2529, [copejf@dshs.wa.gov](mailto:copejf@dshs.wa.gov)

Transforming  
Lives

Thank you for inviting  
us!



*Transforming lives*