



# *Aging and Disability Services*

Area Agency on Aging for Seattle and King County

Promoting quality of life, independence, and choice for  
older people and adults with disabilities  
in Seattle-King County

**AAA 101: An overview of the purpose, structure,  
and work of the King County Area Agency on Aging**

# Workshop Objectives

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- Understand the National, State, and local structure for funding and service provision for older adults
- Learn about the work of Aging & Disability Services and its Area Plan
- Hear about upcoming initiatives that will impact agencies and older adults in King County

# AAA's Across the Nation

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- AAAs were nationally established in the 1973 Older Americans Act (OAA)
- AAAs are the "on the ground" organizations charged with helping vulnerable older adults live with independence and dignity within their communities.

All AAAs play a key role in



a wide range of long-term services and supports

# National Aging Network

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- ❑ The Older Americans Act (OAA) empowers the federal government to distribute funding to serve individuals over the age of 60
- ❑ The Administration on Aging (AoA) is the **federal** agency designated to carry out OAA activities
- ❑ AoA works through the national aging network of 56 State Units on Aging, 655 Area Agencies on Aging, and 236 Tribal and Native organizations.



# Administration for Community Living (ACL)

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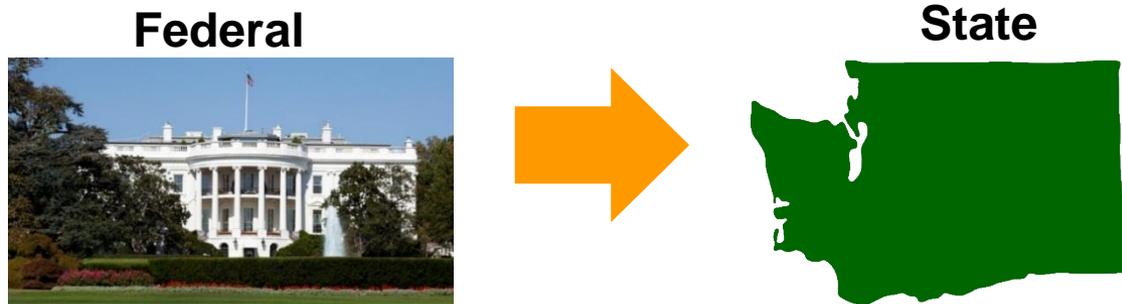
- Recent push to support older adults *as well as* people with disabilities across the lifespan.
- In 2012, the U.S. Department of Health and Human Services created a new organization, the Administration for Community Living (ACL).



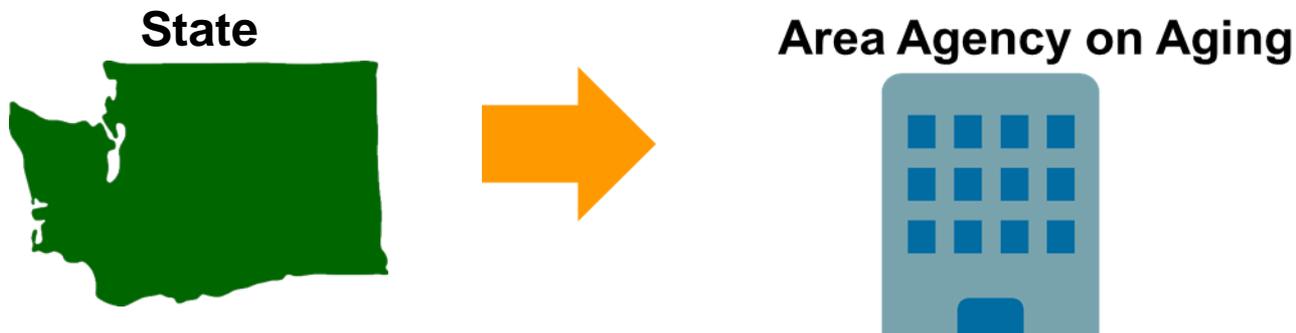
- Combines the efforts of the Administration on Aging, the Administration on Intellectual and Developmental Disabilities, and the Health and Human Services (HHS) Office on Disability

# State Level Network

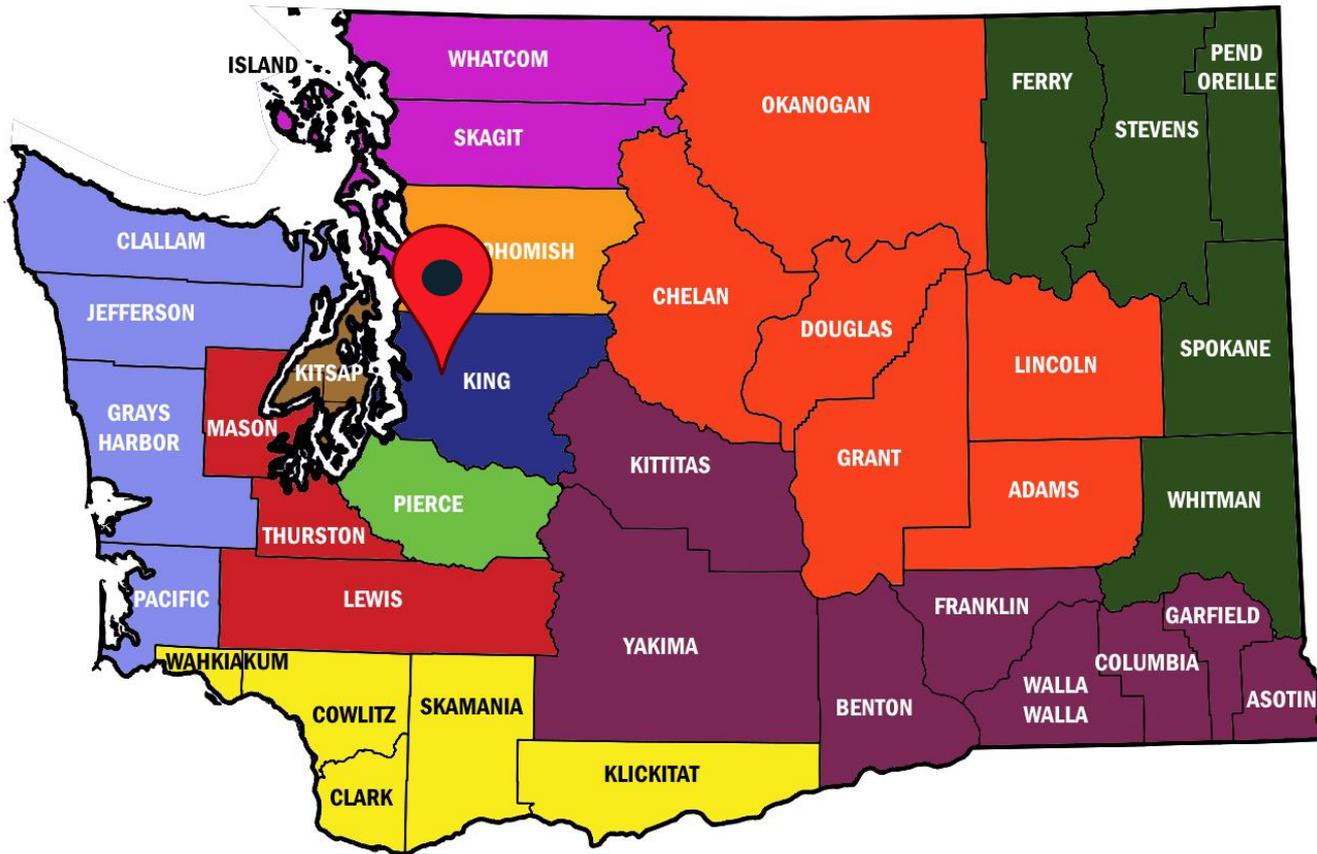
- Federal OAA funding is allocated to each state based on the number of persons 60 years and older



- **Aging and Long Term Services and Supports (AL TSA) Administration** is Washington's State Unit on Aging and grants funds to the local AAAs.



# Washington Association of Area Agencies on Aging | 2015



	Olympic Area Agency on Aging (PSA #1)
	Northwest Regional Council (PSA #2)
	Snohomish County Aging & Disability Services Division (PSA #3)
	Aging & Disability Services—Seattle-King County (PSA #4)
	Pierce County Aging and Disability Resources (PSA #5)
	Lewis/Mason/Thurston Area Agency on Aging (PSA #6)
	Area Agency on Aging & Disabilities of Southwest WA (PSA #7)
	Aging & Adult Care of Central WA (PSA #8)
	Southeast WA Aging & Long Term Care (PSA #9)
	Yakama Nation Area Agency on Aging (PSA #10)
	Aging & Long Term Care of Eastern WA (PSA #11)
	Colville Indian Area Agency on Aging (PSA #12)
	Kitsap County Division of Aging & Long Term Care (PSA #13)



-  In King County, the AAA serves a single county.
-  In some other parts of the state, the AAA is a multi-county organization.

# National and State Advocacy

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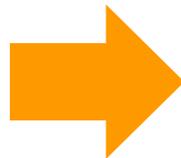
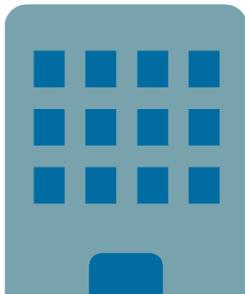
- The **National Association of Area Agencies on Aging (N4A)** represents Area Agencies on Aging in the nations capital.
- The **Washington Association of Area Agencies on Aging (W4A)** work with local AAAs
- Both organizations:
  - Set national and state-level priorities
  - Raise the visibility of AAAs
  - Offer training and educational events
  - Drive quality improvement and innovation

# Local Aging Network

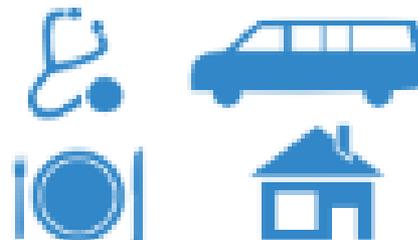
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- ❑ The AAA is granted the ability to adapt to its local service area
- ❑ AAAs contract with local service providers to deliver many direct services, such as meals and transportation
- ❑ Some are direct providers of services, such as case management

**Area Agency on Aging**



**Local Service Providers**



# Who We Are

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*Aging and Disability Services*

Area Agency on Aging for Seattle and King County

- ❑ Aging and Disability Services (ADS) is the Area Agency on Aging for Seattle and King County.
- ❑ We plan, coordinate, and advocate for a comprehensive service delivery system for older adults, family caregivers and people with disabilities in King County.

# Who We Serve

- ❑ Older adults, caregivers, and people with disabilities in King County
- ❑ Priority population as defined by the Older Americans Act:
  - Rural residents and/or socially isolated
  - Low income
  - Poor health
  - Ethnic and cultural minorities
  - Limited English proficiency



# ADS Services

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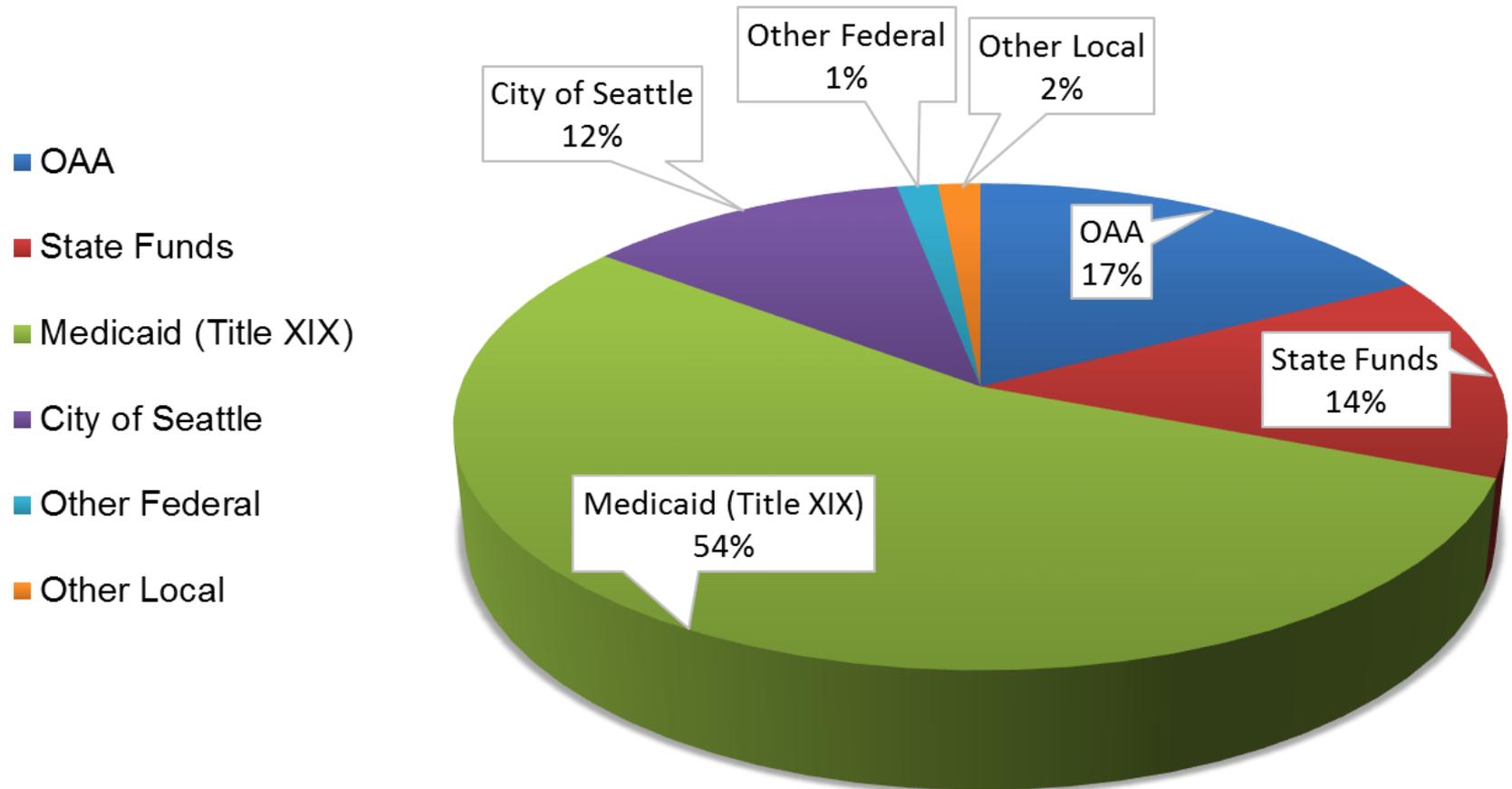
- Adult Day Services
- Case Management
- Health Promotion
- Elder Abuse Prevention
- Family Caregiver Support
- Mental Health
- Community Living Connections
- Legal Services
- Nutrition
- Senior Centers
- Transportation
- Medicaid Home and Community Based Services

# By the Numbers

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- 2016 Budget: \$41.4 MILLION
- 167 ADS Staff
  - 136 Case Management Program
  - 27 Planning and Administration
  - 4 Mayors Office for Senior Citizens
- 150 contracts with 80 community agencies to provide a network of in-home and community-based services throughout King County
- Served 39,000 older adults in King County in 2014 (unduplicated)

# 2016 Revenue Sources



# How We Are Governed

- ❑ Aging and Disability Services is guided by 27 member volunteer Advisory Council who are appointed by three Sponsor agencies.
- ❑ Area Agency on Aging Advisory Councils are mandated by the Older Americans Act.
- ❑ They provide the key link between the community and the AAA



King County



United Way of King County



# Seattle-King County Area Plan on Aging

- ❑ Will guide ADS work from 2016-2019
- ❑ Based on community input process
- ❑ Highlights goals for developing age-friendly communities
- ❑ Summarizes annual budget of \$41 million in federal, state and local resources
- ❑ Updated every two years



# The Age Wave

By **2040**, the percent of residents age 60 and older in King County is projected to grow to nearly

**25%**



# 60+ Growth by Sub-Region

Sub-Region	2000	2013	Number Growth	Sub-region Growth as Percent of Total Growth
East Rural	3,292	6,161	2,869	3%
East Urban	52,985	82,332	29,347	28%
North	21,406	28,575	7,169	7%
South Rural	5,799	10,643	4,844	5%
South Urban	70,152	103,492	33,340	32%
Seattle	87,063	111,362	24,299	24%
Vashon	1,800	3,310	1,510	1%
<b>Total King</b>	<b>242,497</b>	<b>345,875</b>	<b>103,378</b>	<b>43%</b>

**Table 2, Growth in Age 60+ Population by Sub-Region.<sup>7</sup>**

# Diversity Among 60+ Population

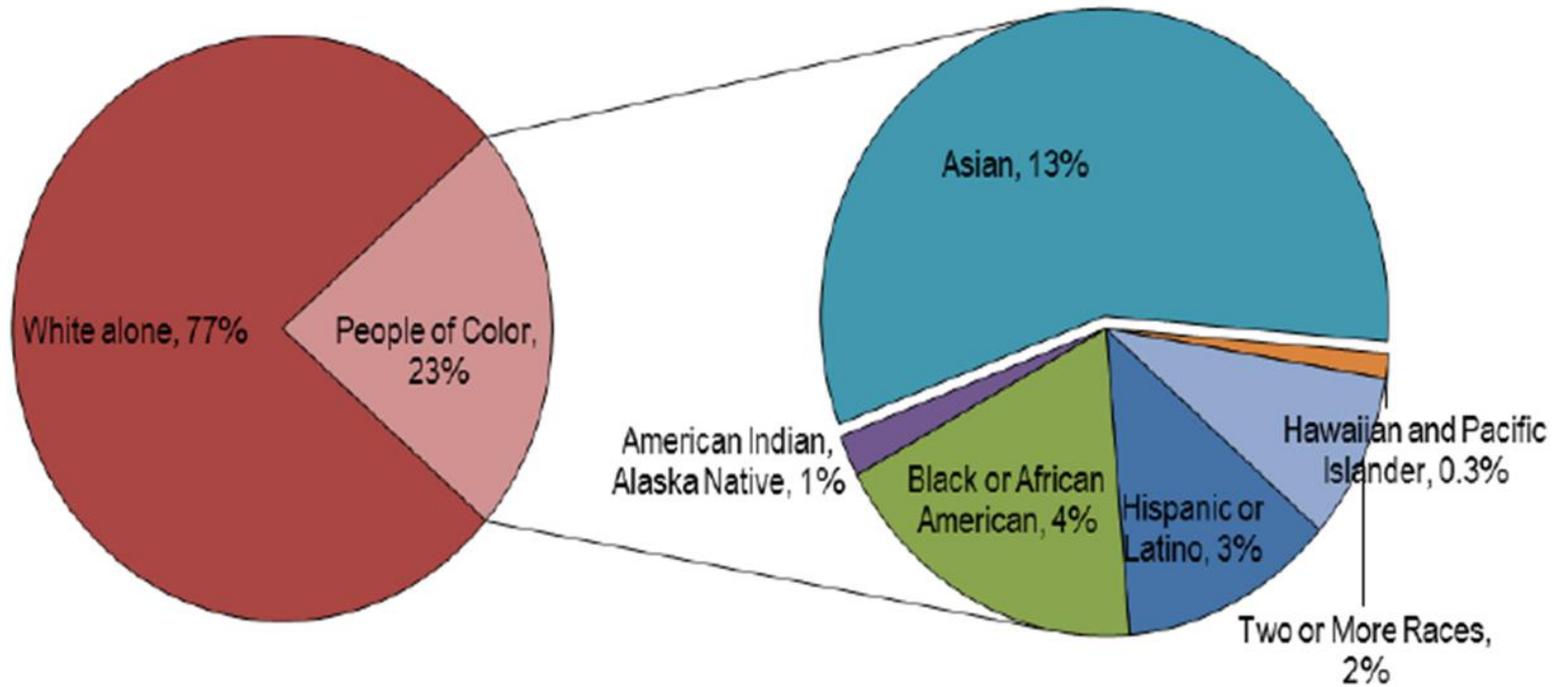


Figure 5. King County Population Age 60+ by Race.<sup>17</sup>

# Area Plan Goals and Objectives

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1. Long Term Services and Supports
2. Delay of Medicaid-funded Long Term Services and Support
3. Service Integration and Systems Coordination
4. Older Native Americans, and
5. Livable Communities.....

*Engage local governments, decision makers and consumers in preparing for the aging population, and work across sectors to make our neighborhoods and cities great places for people of all ages.*

# Livable Communities

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## □ Area Plan Goals

- Affordable And Accessible Housing
- Community Mobility
- Economic Security
- Social and Civic Engagement

## □ Age Friendly Communities



# What is an Age Friendly Community?

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- ❑ A framework to address environmental, economic and social factors that influence health and well-being of older adults
- ❑ Criteria developed by World Health Organization (WHO)
- ❑ Portland and New York were first two cities in U.S. to achieve WHO Age Friendly designation
- ❑ AARP supports network of communities/cities in North America

# Eight Domains of Livability

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1. Outdoor Spaces and Buildings
2. Transportation
3. Housing
4. Social Participation
5. Respect and Social Inclusion
6. Civic Participation and Employment
7. Communication and Information
8. Community Support and Health Services



# Five Year Planning & Implementation Cycle

Q1-Q2 2016

Step 1: Prepare & Launch

Secure Political Commitment

Organize Stakeholders

2016-2017

Step 2: Assess & Plan

Conduct Assessment

Develop Action Plan

2017-2020

Step 3: Implement & Evaluate

Measure Progress

Engage in Continuous Improvement

# Local Partners

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- Government
- Business community
- Aging and human services providers
- Housing Providers
- Advocacy organizations and coalitions
- Villages and neighborhood networks
- Healthcare and Behavioral Health systems
- Transportation providers / systems
- Research institutions
- Philanthropy

# What's on the horizon?

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## Medicaid Transformation Waiver

- Building better systems for delivering whole-person care through community and health system partnerships.
- Expanding options for how we serve those with long-term care needs.
- Providing our most vulnerable populations with the supports they need to get and stay healthy.

# The 1115 Waiver's 3 Initiatives

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- ❑ Initiative 1: Transformation projects through Accountable Communities of Health
- ❑ Initiative 2: Long Term Services & Supports
- ❑ Initiative 3: Supportive housing and supported employment



# Increased Options for Medicaid Services

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## □ **Medicaid Alternative Care (MAC)**

- Caregiver support funded with Medicaid dollars
- Caregiver must be unpaid
- Flexible budget used to purchase services
- Care receiver (client) must meet functional eligibility requirements and be enrolled in a Medicaid program
- Care receiver must be 55+
- No participation or estate recovery

# Increased Options for Medicaid Services

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## □ Tailored Services for Older Adults (TSOA)

- Personal care and other supports for individuals 55+ who are “at risk” of future Medicaid LTSS use
- Flexible budget used to purchase services
- Client must meet functional eligibility requirements and be enrolled in a Medicaid program
- No participation or estate recovery

# January 2017 Implementation

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- ❑ MAC and TSOA will be available in Washington state in January 2017.
- ❑ Aging network providers can help get the word out to older adults who may benefit from these programs.

# Resources

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- **Area Plan on Aging:**

[http://www.agingkingcounty.org/docs/Area-Plan\\_2016-2019\\_UpdatedAppendices.pdf](http://www.agingkingcounty.org/docs/Area-Plan_2016-2019_UpdatedAppendices.pdf)

- **1115 Waiver:**

[http://www.hca.wa.gov/hw/Pages/medicaid\\_transformation.aspx](http://www.hca.wa.gov/hw/Pages/medicaid_transformation.aspx)

- **ADS Documentary:**

<http://www.agingkingcounty.org/our-elders-ourselves/>



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